

# AKZO NOBEL ABINGDON MARATHON

17 October 2004

*Official Results*



Grief support for the  
Young in Oxfordshire



**Abingdon Marathon 2005 - Enter On-line from Spring 2005**

The provisional date for the next Abingdon Marathon is Sunday 16th October 2005

Due to increasing costs of putting on the marathon entry fees will be reviewed for 2005,  
but on-line entry will be the same price as postal entry

Why not help us to process your entry more efficiently by entering on-line?

**Immediate email confirmation of your entry**

**Same price as postal entry from 2005**

**No risk of your entry being lost in the postal system**

Online Entry will be available from Spring 2005 at [www.runnersworld.co.uk](http://www.runnersworld.co.uk)

### **Akzo Nobel Abingdon Marathon 2004**

This year saw the 23rd running of Abingdon Marathon, and the 17th organised by Abingdon Amblers Athletics Club. We continue to be grateful to our sponsors Akzo Nobel, who have now supported us for the last six years. The entry was a record in recent years with the limit of 900 being reached before the closing date. We had increased last year's limit by 200 to 900, the largest number we could accommodate with the facilities available to us and for the safety of the athletes. Sadly we had to turn away another 100 would-be entrants. Following the 2003 marathon when 80 entries on the day had tested our resources to the limit we took the decision to close entries ten days before the 2004 race and had alerted runners to this when the 2003 results were sent out, and also as soon as entries for 2004 opened in February. Despite our efforts the news did not apparently reach everyone, and when the organisers arrived at Tilsley Park before 6.00am we found a sleepy athlete who had apparently spent the night there in the hope of a place. We had to disappoint him – so we suggest entrants for 2005 do not share his fate – book early!

For the second year we took entries via the Runner's World website. This benefits the runner since as soon as your entry is accepted on the website you know you are in. Our marathon website also had the facility for you to check whether postal entries had been received. Unfortunately Sam's computer crashed and needed major repairs, while the entries kept arriving. Her computer was restored and updated fairly quickly, but not before it seemed everyone was phoning to know whether they were in or not. She did manage to get back on track and we sent out race packs on schedule. We do apologise if you were inconvenienced.

Following several days of rain the weather was kind to us on race day, and conditions were ideal for marathon running – cool, with little wind. Unfortunately it was not so good for one area used for parking as the entry to the outer field still held water from the rain. The team will look again at the parking facilities next year.

Congratulations to Ian Harkness of Thames Hare and Hounds who, running his first marathon, won in a time of 2:26:18, just six seconds outside the course record. Ian led the race from early on and was eight minutes ahead of the second man, Paul Cameron, who came in at 2:34:37, improving by one minute his 2002 time. Paul was just ahead of Rob Bentley from the Army, who crossed the finish line at 2:35:55, taking third place.

Meanwhile the ladies' race was won by Angela Howe of London Heathside in a time of 2:56:44, just under two minutes ahead of Jane Laws, of Barnet and District. Six seconds later, a local runner, Jennifer Pyper of Alchester Running Club, took third place in 2:58:35. This was the first time the top three women had all finished in under three hours.

Congratulations to Michael Marten who took the trophy for the wheelchair athlete race and finished in 4:24:04, braving much of the race on his own as the only wheelchair athlete this year. He had company at the start line however, setting off five minutes before the main race, alongside the RAF 'yompers' who were attempting to get into the Guinness Book of Records, carrying 40lb packs on their back. The 15-strong team from 2 Squadron RAF Regiment were still smiling as they crossed the finish line in 5:04:37, even though the record remained unbeaten.

This year's winner Ian Harkness was not the only person running a marathon for the first time. There were 133 men and 36 women who completed their first marathon. Meanwhile there were five members of the 100 Marathon Club, and three men over 70. Overall there were 502 men who finished and 144 ladies. The tables below show some interesting statistics including the high standard of runners. Thirty-one per cent of runners finished in under three and a half hours, and just 12 people took over five and a half hours. If anyone has done every marathon since the first in 1982 please do let us know. Going through the early paper records would require a marathon effort!

This year we adopted the local charity See-Saw which provides bereavement support for children and young people in Oxfordshire. Whether you decided to collect sponsorship using a form provided with the race pack,

or would like to donate now, we know your donation will be greatly appreciated. See-Saw's website is <http://www.see-saw.org.uk> Some runners were running for other charities – 'Dan's Dream Team' of six (including his mother) ran in memory of Daniel Newton, raising money for charity. Then there were four Army marchers who were doing four marathons in four weeks, and declared on their t-shirts they were 'Doing it for Dom'

Some runners will have noticed some familiar faces in our French friends from Argentan (Abingdon's twin town in Normandy), who return every year to run the marathon and compete for the Twin Towns Trophy. Their outfits change each year – not for them the usual style running shorts – and this year they wore stripey shorts, boaters and (for some) false moustaches. They still ran good times, but narrowly missed regaining the Trophy, which will spend the next twelve months with the Abingdon team.

We owe thanks to so many friends who helped put the show on the road for you. There were 130 marshals out on the course, 16 doing stints in two different places. Just under half of these were Abingdon Amblers or their families, with 12% coming from other running clubs, and a massive 47% comprising friends or other contacts. In addition there were 70 people looking after the feed stations, again a mix of club members, other runners and friends or colleagues. There were three ambulances and twelve qualified medical support people, eight police officers, six radio communications people, eight qualified county officials, lots of junior club members handing out medals, club members' families and friends supplying the hot drinks, the baggage handling, the back-up on the computer, and the car parks (aided by people from the charity See-Saw). Our organising committee which started with seven, swelled to fifteen in the last seven weeks before the race.

Why do we do it? Because we're runners, because you're runners. As one of our marshals who had never previously had anything to do with running, said, 'It was an uplifting experience, helping people achieve an important goal in their lives'. That's why we do it! We hope to see you next year.

#### For those interested in the statistics

Time	Position	Number	Race %
Under 3 hrs	1-42	42	7%
3 - 3 hrs 30	43 -198	156	24%
3.30 - 4 hrs	199 - 389	191	30%
4.00 - 4.30	390 - 531	142	22%
4.30 - 5.00	532 - 602	71	11%
5.00 - 5.30	603 - 634	32	5%
5.30 - 6.00	635 - 639	5	1%
Over 6.00	640 - 646	7	1%
	Total	646	

Wheelchair Athletes race			
4.00 - 4.30	1	1	100%

Percentages in each Category					
Ladies	Number	Race %	Men	Number	Race %
Senior	51	35%	Senior	256	51%
Over 35	52	36%	Over 40	144	29%
Over 45	28	19%	Over 50	74	15%
Over 55	13	9%	Over 60	25	5%
			Over 70	3	1%
All	144		All	502	
% of all race		22%	% of all race		78%

Noël Blatchford and Samantha Turner  
Joint Race Directors 2004



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

**Akzo Nobel Abingdon Marathon 2004 - Results for All Competitors in finish order**

Place	Time	Name	Team	Category	Race No	Posn
1	2:26:18	HARKNESS, Ian	Thames Hare & Hounds	Senior Men	249	1
2	2:34:37	CAMERON, Paul James		Senior Men	865	2
3	2:35:55	BENTLEY, Rob	Army (AFPA)	Senior Men	790	3
4	2:36:18	WEETMAN, Steve		Senior Men	160	4
5	2:37:51	PERRY, Jason	Winchester & District AC	Senior Men	723	5
6	2:38:59	PATON, Colin	Army (ASPT)	Senior Men	782	6
7	2:42:10	BROOM, John	Barnsley AC	Senior Men	549	7
8	2:43:58	HARRIS, Gary Colin	Headington Road Runners	Senior Men	879	8
9	2:44:37	ROGERS, Jim	East Hull Harriers & AC	Vet Men 40	884	9
10	2:48:38	LILLIS, Wayne	Newbury AC	Senior Men	44	10
11	2:48:48	RAYNER, David	Crawley	Vet Men 40	524	11
12	2:48:52	HARDS, Barry	Stubbington Green Runners	Vet Men 40	757	12
13	2:48:56	REYNOLDS, Lee	Staffordshire Moorlands AC	Senior Men	416	13
14	2:49:21	SMITH, Gerry	Headington Road Runners	Vet Men 50	844	14
15	2:50:40	RILEY, Simon	Leamington C AC	Vet Men 40	445	15
16	2:51:21	HICKS, Matthew		Senior Men	712	16
17	2:52:52	QUICKENDEN, Tim		Senior Men	390	17
18	2:53:33	REYNOLDS, Paul	Army (DMSTC)	Senior Men	672	18
19	2:53:46	POVEY, Karl	Army (RAC TRG REGT)	Senior Men	673	19
20	2:54:38	BEAUMONT, Richard	Woodstock Harriers	Senior Men	16	20
21	2:54:47	GURD, Richard	Windle Valley	Vet Men 40	717	21
22	2:54:52	ASTRUP, John	Reading Road Runners	Senior Men	282	22
23	2:54:59	CHAMBERS, Alistair		Vet Men 40	337	23
24	2:55:24	PIKE, Jon	Phoenix AC	Senior Men	291	24
25	2:56:18	BURCHNALL, Nicholas	Blackwater Valley Runners	Vet Men 40	652	25
26	2:56:34	HOLMES, Nicholas	Fleet & Crookham AC	Vet Men 40	824	26
27	2:56:44	HOWE, Angela	London Heathside	Senior Ladies	565	27
28	2:56:52	WELLS, Bob	Road Runners Club	Vet Men 50	813	28
29	2:57:04	SEYMOUR, David Alan		Vet Men 40	770	29
30	2:57:30	HOLLANDS, Mark	Maidenhead	Senior Men	397	30
31	2:57:35	CLARKE, James		Senior Men	333	31
32	2:57:46	DONOGHUE, Chris	Army (HQ Land)	Senior Men	511	32
33	2:58:00	HILL, Walter	Crawley	Vet Men 50	471	33
34	2:58:22	MEADOWCROFT, Ian	Headington Road Runners	Vet Men 40	255	34
35	2:58:29	LAWS, Jane	Barnet & District	Vet Ladies 45	690	35
36	2:58:31	SARSON, Peter	Stafford Harriers	Vet Men 50	840	36
37	2:58:31	BURTON, David	Headington Road Runners	Senior Men	441	37
38	2:58:35	PYPER, Jennifer	Alchester Running Club	Senior Ladies	62	38
39	2:58:41	BEDFORD, Chris		Vet Men 40	653	39
40	2:58:54	EGGLETON, Stuart		Senior Men	763	40
41	2:58:59	EPPS, Terry	Wyndham AC	Vet Men 50	797	41
42	2:59:59	TIPLER, Philip	Hinckley Running Club	Senior Men	839	42
43	3:00:03	FOTHERINGHAM, Allan	Army (Cyprus)	Senior Men	753	43
44	3:00:05	O'GORMAN, Dennis	City of Sheffield	Vet Men 50	232	44
45	3:00:08	MARSHALL, Sharon	Wakefield DH&AC	Senior Ladies	231	45
46	3:00:11	HOBLEY, Ian	Dorset Doddlers	Senior Men	409	46
47	3:00:49	PRITCHARD, Simon	Banbury Harriers	Senior Men	642	47
48	3:00:58	EMMS, Trevor	Thanet Roadrunners	Vet Men 40	869	48
49	3:01:29	JACKSON, Derek	Bideford AAC	Vet Men 40	281	49
50	3:02:13	SHIPWAY, Mike	Woodstock Harriers	Vet Men 60	19	50
51	3:02:25	GREEN, Malcolm	Winchester & District AC	Vet Men 40	233	51
52	3:02:32	MURPHY, David		Senior Men	656	52
53	3:03:07	HALL, Gavin	St Albans Striders	Senior Men	307	53
54	3:03:36	BEATTIE, David	Crawley	Vet Men 50	438	54
55	3:03:53	HADAWAY, Dave	Tunbridge Wells Harriers	Senior Men	279	55
56	3:03:59	WRIGHT, Mandy		Senior Ladies	523	56
57	3:05:54	CLARKSON, Linda	Darwen Dashers	Vet Ladies 35	769	57
58	3:06:10	POPE, David		Vet Men 40	378	58
59	3:06:30	BURGESS, Jon		Vet Men 50	359	59
60	3:06:31	HARTOP, James		Senior Men	322	60
61	3:06:37	HANDY, Lionel	New Forest Runners	Vet Men 40	328	61
62	3:06:50	TOWNSEND, Martin	Woodstock Harriers	Vet Men 40	651	62
63	3:07:20	REED, Mark	Bracknell Forest Runners	Senior Men	48	63
64	3:07:46	ROBINS, Michael	Chapel Allerton Road Runners	Vet Men 40	319	64
65	3:08:27	GURUNG, Santosh	Army (1 RGR Team)	Senior Men	596	65
66	3:08:33	REAY, Tania	Army (32 Reg RA)	Senior Ladies	457	66

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
67	3:08:57	SMITH, William	St Albans Striders	Vet Men 40	280	67
68	3:08:59	RUSSELL, Philip	St Albans Striders	Senior Men	428	68
69	3:09:00	EDWARDS, Steve		Vet Men 40	61	69
70	3:09:09	RUSSELL, John	Tunbridge Wells Harriers	Senior Men	265	70
71	3:09:11	BRAYBROOK, Colin	St Albans Striders	Vet Men 40	620	71
72	3:09:27	BOWDEN, Paul	Witney Roadrunners	Vet Men 40	800	72
73	3:09:34	CHAPMAN, Reg	David Lloyd Bournemouth	Vet Men 50	40	73
74	3:09:57	HARRISON, Richard	Buckingham & Stowe RC	Vet Men 40	303	74
75	3:10:26	GOMM, Nicola	Witney Roadrunners	Vet Ladies 35	165	75
76	3:10:38	TALBOT, Colin		Vet Men 60	607	76
77	3:10:42	WINDRIDGE, Sid	Northbrook AC	Vet Men 60	555	77
78	3:10:43	FORESHAW, Joseph	Army (ASPT)	Senior Men	785	78
79	3:10:46	GOODING, Michael	Reading Road Runners	Vet Men 40	138	79
80	3:10:47	CHARD, Ken	Witney Roadrunners	Vet Men 40	677	80
81	3:10:51	DARKE, Tim	Hinckley Running Club	Vet Men 40	91	81
82	3:10:52	MORGAN, Shan	Army (ATR Pirbright)	Senior Ladies	730	82
83	3:11:20	SAWYER, Lee	Army (ASPT)	Senior Men	786	83
84	3:11:21	MIHDIDIN, Yash	Lordshill Road Runners	Senior Men	311	84
85	3:11:25	MEEK, Jon	Clevedon AC	Senior Men	344	85
86	3:11:27	JAMES, John	Southampton Running Club	Senior Men	750	86
87	3:11:52	UNKNOWN, Unknown		Senior Men	554	87
88	3:11:55	HUCKER, Andi	Alchester Running Club	Senior Men	534	88
89	3:12:10	TARRANT, James	Maidenhead	Vet Men 40	278	89
90	3:12:30	BINGHAM, Nicholas	Barnet & District	Vet Men 50	623	90
91	3:12:32	McKIE, Elizabeth	St Albans Striders	Vet Ladies 35	180	91
92	3:12:41	DAVIS, Steven		Senior Men	582	92
93	3:12:54	CLEMENTS, Trevor	St Albans Striders	Vet Men 40	54	93
94	3:13:03	TURNERY, Michael	Chiltern Harriers	Vet Men 40	456	94
95	3:13:13	SHINER, Richard		Vet Men 40	469	95
96	3:13:14	SMITH, Nigel	Road Runners Club	Senior Men	686	96
97	3:13:20	HOLMES, Adam	Fleet & Crookham AC	Vet Men 40	199	97
98	3:13:28	WHITFIELD, Paul	Mowers Gym	Senior Men	528	98
99	3:13:29	MOYLETT, Paul	Mowers Gym	Vet Men 40	118	99
100	3:13:34	O'CARROLL, Catherine	Gloucester AC	Senior Ladies	867	100
101	3:13:45	BROWNING, Nick	Maidenhead	Senior Men	711	101
102	3:13:53	OWADA, Hiraku		Vet Men 40	183	102
103	3:13:55	GRIFFITHS, Paul	Abingdon Amblers AC	Vet Men 40	640	103
104	3:13:57	LABBE, Christian	Argentan	Vet Men 40	816	104
105	3:14:12	SATTLER, Andrew	Royton Road Runners	Senior Men	689	105
106	3:14:53	AINSLIE, Paul	Witney Roadrunners	Vet Men 40	477	106
107	3:14:59	DAUGHERTY, Duane		Vet Men 40	478	107
108	3:15:05	CUNNANE, Matt		Senior Men	244	108
109	3:15:12	CLIFTON, Bruno		Senior Men	224	109
110	3:15:16	BRISCO, Douglas	Andover Athletic Club	Vet Men 50	722	110
111	3:15:22	CUFF, Darren		Senior Men	94	111
112	3:15:25	WADDINGTON, David	East Hull Harriers & AC	Senior Men	846	112
113	3:15:35	NELLINS, Christopher	Headington Road Runners	Vet Men 50	838	113
114	3:15:49	RAYNER, Peter	Road Runners Club	Vet Men 50	715	114
115	3:15:51	EVERARD, Roger	Pitsea Running Club	Vet Men 50	862	115
116	3:16:19	WILKINSON, David	Long Eaton Running Club	Senior Men	853	116
117	3:16:28	ROSTERN, Paul	Elmbridge	Senior Men	447	117
118	3:16:45	DOWN, Malcolm Reginald	Milton Keynes AC	Vet Men 40	859	118
119	3:16:49	CORNISH, Peter		Vet Men 40	628	119
120	3:16:55	TRACEY, Francis	Witney Roadrunners	Senior Men	88	120
121	3:17:04	ANDREWS, Michael	Clevedon AC	Vet Men 50	557	121
122	3:17:16	McGUIRE, Estelle	Stockport Harriers AC	Vet Ladies 35	678	122
123	3:17:25	SHREES, Padam	Army (1 RGR Team)	Senior Men	601	123
124	3:17:28	REEKIE, Grant		Senior Men	102	124
125	3:17:32	DALTON, Nick	Witney Roadrunners	Senior Men	406	125
126	3:17:48	D'ROZARIO, Warren	Sandwell Valley	Vet Men 40	105	126
127	3:18:05	NICKAU, Hanno	Headington Road Runners	Vet Men 40	881	127
128	3:18:19	CAMPION, Mark	Portsmouth Joggers	Senior Men	216	128
129	3:18:29	IVENS, Derek		Vet Men 40	382	129
130	3:19:04	HOLLOWAY, Catherine Jane	Chiltern Harriers	Vet Ladies 35	829	130
131	3:19:04	GREENSHIELDS, Martin	Cheltenham	Senior Men	777	131
132	3:19:06	EDWARDS, Wendy May	Les Croupiers	Vet Ladies 35	387	132
133	3:19:29	CARMICHAEL, Jeremy	Crawley	Vet Men 50	875	133

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
134	3:19:35	COFFEY, John	British Airways	Vet Men 60	546	134
135	3:19:48	NEWELL, William		Senior Men	810	135
136	3:19:49	SCANLAN, Bernard	Eynsham Road Runners	Senior Men	533	136
137	3:19:50	ASHWORTH, Jonathan	Woodstock Harriers	Senior Men	52	137
138	3:20:03	BLACKMAN, David	Romsey Road Runners	Senior Men	258	138
139	3:20:17	HALL, David		Senior Men	131	139
140	3:20:36	McINTOSH, Christopher	Road Runners Club	Vet Men 40	164	140
141	3:20:50	ADAMS, Ben	Army (4 GS Regt RLC)	Senior Men	538	141
142	3:21:14	WUERMLI, Sam	Vegetarian Cycling & A.C.	Vet Men 40	657	142
143	3:21:19	WILSON, Geoff	Maiden Newton Runners	Vet Men 40	856	143
144	3:21:22	WICKHAM, Stephen	Bearbrook Joggers	Vet Men 50	798	144
145	3:21:26	PARKER, Yvonne	Road Runners Club	Vet Ladies 45	714	145
146	3:21:28	MARTIN, Neill		Senior Men	738	146
147	3:21:45	KNIGHT, Malcolm John	Southampton Running Club	Vet Men 50	799	147
148	3:22:05	CRADDEN, Brendan	Bearbrook Joggers	Vet Men 60	375	148
149	3:22:22	GRIMSDALE, Paul	Oxford City AC	Vet Men 40	754	149
150	3:22:48	LAWRENCE, Ivor	Tunbridge Wells Harriers	Senior Men	381	150
151	3:22:54	DORWARD, Neil		Senior Men	197	151
152	3:23:07	BOWERS, Sandra		Senior Ladies	537	152
153	3:23:11	GEORGE, Steve	Littledown Harriers	Senior Men	422	153
154	3:23:12	NELSON, Richard	Littledown Harriers	Senior Men	330	154
155	3:23:16	BRYAN, Jerry	Riverside Runners	Vet Men 40	684	155
156	3:23:31	CORNER, Mark	Army (ASPT)	Senior Men	787	156
157	3:23:37	BAXENDALE, Toby	St Albans Striders	Senior Men	98	157
158	3:23:48	BLACKMAN, Clive	Chippenham Harriers 83	Vet Men 40	888	158
159	3:24:16	CRIPPS, Graham	Kidlington Running Club	Senior Men	727	159
160	3:24:31	PONTING, David		Vet Men 50	58	160
161	3:24:40	WAIT, Chris		Vet Men 40	287	161
162	3:24:53	SKELTON, Jonathan	Army (ATR Pirbright)	Senior Men	732	162
163	3:24:55	SCHOLTE, Paul		Senior Men	895	163
164	3:24:55	GODFREY, Jonathan		Senior Men	334	164
165	3:24:56	McLAUGHLIN, James	Headington Road Runners	Senior Men	624	165
166	3:25:13	GRAY, Adele		Senior Ladies	432	166
167	3:25:15	LEE, Steve	Reading Road Runners	Vet Men 50	427	167
168	3:25:17	GOLD, Adam		Senior Men	701	168
169	3:25:20	BRADBURY, Nick	Kenilworth Runners	Vet Men 40	55	169
170	3:25:21	CORRANCE, Gerry	Fairland Valley Spartans	Vet Men 40	480	170
171	3:25:30	WILMOT, Andrew	Halstead Road Runners	Vet Men 60	708	171
172	3:25:41	HOPE, Lee James	Milton Keynes AC	Senior Men	823	172
173	3:25:54	CASEY, Mick	Barnsley AC	Vet Men 50	561	173
174	3:26:11	ROBERTSON, Iain		Senior Men	539	174
175	3:26:18	CUDDIHY, Marc		Vet Men 40	376	175
176	3:26:26	BISSELL, Peter	Riverside Runners	Vet Men 40	464	176
177	3:26:45	BAKER, Barry	Reading Road Runners	Vet Men 40	349	177
178	3:26:51	MACINTYRE, Donald Iain		Senior Men	830	178
179	3:26:54	CHRISTOPHER, John	Woodstock Harriers	Vet Men 40	241	179
180	3:27:23	WHEELER, Alan	Burnham Joggers	Vet Men 50	629	180
181	3:27:56	DALTON, Graham		Senior Men	354	181
182	3:28:01	TAMANG, Lokendra	Army (1 RGR Team)	Senior Men	898	182
183	3:28:02	FAHERTY, Louise		Senior Ladies	408	183
184	3:28:14	RAWSON, Amanda	Riverside Runners	Vet Ladies 35	439	184
185	3:28:15	FRAMPTON-LEIGH, Leon		Senior Men	401	185
186	3:28:30	RICHARDSON, Craig	Forum Flyers	Senior Men	710	186
187	3:28:32	MORRIS, Glyn		Vet Men 40	462	187
188	3:28:38	McKITTERICK, Andrew	Army (7 Company CG)	Senior Men	492	188
189	3:28:47	BETTS, Del		Senior Men	394	189
190	3:28:49	BELK, David		Senior Men	595	190
191	3:28:59	WADEY, Ian	Kent Police Sports	Senior Men	622	191
192	3:29:10	ALLEN, Peter	Corsham Running Club	Vet Men 50	569	192
193	3:29:18	REID, John	Corsham Running Club	Vet Men 40	82	193
194	3:29:29	HOLDER, Julian	Pitsea Running Club	Senior Men	558	194
195	3:29:36	BORRUEL, Pablo		Senior Men	358	195
196	3:29:49	EVERY, Alan	Gearsandtears.com	Senior Men	317	196
197	3:29:50	RAWSON, David	Riverside Runners	Vet Men 40	440	197
198	3:29:51	BRODY, Keith	Buckingham & Stowe RC	Vet Men 40	444	198
199	3:30:10	PROCOPIIS, Peter	Serpentine Running Club	Senior Men	724	199
200	3:30:12	WEBSTER, Phil	1 Para	Senior Men	688	200



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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
201	3:30:20	COOK, Anthony Peter	Mowers Gym	Senior Men	395	201
202	3:30:20	PETERS, Stephen James	Mowers Gym	Senior Men	599	202
203	3:30:22	ELLIOTT, John		Vet Men 50	548	203
204	3:30:52	HODGKINSON, Peter A	Army (Royal Military College of Science)	Senior Men	828	204
205	3:31:14	NAJURALLY, Narissa	Serpentine Running Club	Senior Ladies	125	205
206	3:31:15	ROBERTS, Alan	Vale of Aylesbury AC	Vet Men 40	837	206
207	3:31:59	STRYCZEK, John		Vet Men 40	124	207
208	3:32:04	GOODALL, Ian	Merry Hill Striders	Senior Men	737	208
209	3:32:10	CHIVERS, Peter	Alchester Running Club	Vet Men 50	86	209
210	3:32:13	SLATOR, Clive Charles	Headington Road Runners	Vet Men 40	832	210
211	3:32:16	PALMER, Rod	Handy Cross Joggers	Vet Men 50	868	211
212	3:32:19	THOMAS, Antoinette	Les Croupiers	Senior Ladies	458	212
213	3:32:28	NORTON, Rob		Vet Men 50	663	213
214	3:32:41	HINDSON, Andrew		Vet Men 40	365	214
215	3:32:58	MARSH, Paul	Vale of Aylesbury AC	Vet Men 40	762	215
216	3:33:26	TUCKWELL, Colin		Senior Men	880	216
217	3:33:38	DEMARCHI, Andrea	Headington Road Runners	Senior Men	421	217
218	3:34:02	TILLYER, David		Senior Men	735	218
219	3:34:11	TAYLOR, Barbara		Vet Ladies 35	877	219
220	3:34:30	OREN, Nir	Metro Aberdeen	Senior Men	473	220
221	3:34:30	CHERRY, Nick	Alchester Running Club	Vet Men 40	99	221
222	3:34:39	PRICE, Stephen	Liverpool Running Club	Vet Men 40	808	222
223	3:34:45	WAPPNER, Gary		Senior Men	120	223
224	3:35:03	MULLER, Patricia	Rotherham Harriers	Vet Ladies 45	289	224
225	3:35:07	PARADINE, Sarah		Vet Ladies 35	609	225
226	3:35:16	ENNIS, Martin	3 m's	Senior Men	474	226
227	3:35:20	STEER, David		Senior Men	634	227
228	3:35:26	LEE, Christopher	Serpentine Running Club	Vet Men 40	719	228
229	3:35:31	MACBEATH, Irene	Reading Road Runners	Vet Ladies 45	655	229
230	3:35:34	ILOTT, Martin	Defra AC	Vet Men 40	129	230
231	3:35:48	CAIRNIE, Peter	Bearbrook Joggers	Vet Men 40	407	231
232	3:35:49	ROSSER, Simon		Senior Men	415	232
233	3:36:10	SANSOM, Chris		Senior Men	64	233
234	3:36:11	MALKINSON, Caroline	St Albans Striders	Vet Ladies 35	92	234
235	3:36:13	FERRIS, Ian	Baildon Runners	Senior Men	235	235
236	3:36:21	McCARTNEY, Malcolm	Thanet Roadrunners	Vet Men 40	379	236
237	3:36:27	BRITTAIN, Christopher	Road Runners Club	Vet Men 50	713	237
238	3:36:30	BARNES, Roy	Road Runners Club	Vet Men 40	618	238
239	3:36:34	BARLTROP, Verne	Road Runners Club	Vet Men 50	826	239
240	3:36:46	WATTS, Paul	Cherwell Runners & Joggers	Vet Men 40	809	240
241	3:36:55	JACK, Michael	St Albans Striders	Vet Men 40	96	241
242	3:36:59	WILLIAMS, John	100 Marathon Club	Vet Men 60	100	242
243	3:37:23	DAVIES, Christopher		Senior Men	526	243
244	3:37:27	TOLHURST, Lee		Senior Men	410	244
245	3:37:32	BOWDEN, Gareth	Cherwell Runners & Joggers	Senior Men	419	245
246	3:37:33	MORGAN, Joanne	Maidenhead	Vet Ladies 35	522	246
247	3:37:51	BLOOMFIELD, Barry	Cherwell Runners & Joggers	Vet Men 50	803	247
248	3:37:52	LONGWORTH, Colin	100 Marathon Club	Vet Men 50	435	248
249	3:37:59	BENSON, Cathy	Serpentine Running Club	Senior Ladies	214	249
250	3:38:21	HOLLOWAY, Matt		Senior Men	449	250
251	3:38:23	OREN, Iris		Senior Ladies	468	251
252	3:38:25	WYLLIE, Stuart	Perth Road Runners	Vet Men 40	399	252
253	3:38:43	GAUCHAN, Prakash	Army (1 RGR Team)	Senior Men	600	253
254	3:38:43	PUN, Hira	Army (1 RGR Team)	Senior Men	597	254
255	3:39:05	LAKER, James		Senior Men	667	255
256	3:39:15	HAGGARTY, Scot	Sevenoaks AC	Senior Men	206	256
257	3:39:29	FULLER, Ruth	Milton Keynes AC	Vet Ladies 35	889	257
258	3:39:32	SMITH, Andrew	Pitsea Running Club	Senior Men	731	258
259	3:39:50	POWELL, Anthony	Brackla Harriers	Senior Men	298	259
260	3:39:56	STEWART-TANNER, Sue	Corsham Running Club	Vet Ladies 45	448	260
261	3:40:08	WATKINS, Laurence	Tamar Trotters	Vet Men 40	583	261
262	3:40:11	GAADE, John	Southern Counties Vets AC	Vet Men 60	613	262
263	3:40:39	PEARSON, Simon	Aldridge Runing Club	Vet Men 40	775	263
264	3:40:49	DONNACHIE, Joe		Vet Men 40	412	264
265	3:40:55	O'CARROLL, Christopher	Gloucester AC	Vet Men 60	866	265
266	3:40:58	GIDDINGS, Helen	Clevedon AC	Vet Ladies 35	430	266
267	3:41:34	WILSON, Rick		Senior Men	277	267



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
268	3:41:40	DAWE, Mark		Senior Men	617	268
269	3:41:41	HUGHES, Keturah	Chiltern Harriers	Senior Ladies	154	269
270	3:41:42	GURUNG, Khagendra	Army (1 RGR Team)	Senior Men	598	270
271	3:41:48	RUSSELL, Paul	Harborough AC	Senior Men	23	271
272	3:41:48	STAPLEY, Tracey	Chiltern Harriers	Senior Ladies	46	272
273	3:41:49	CLEGG, Peter	Grange Farm Trotters	Vet Men 50	146	273
274	3:41:53	TARANOWSKI, Helen	Spa Striders	Senior Ladies	373	274
275	3:41:57	FAILL, Jonathan	Barnsley AC	Vet Men 40	352	275
276	3:42:17	O'CONNOR, Dominic	Corsham Running Club	Vet Men 40	43	276
277	3:42:26	KNAPP, Brian		Vet Men 50	30	277
278	3:42:28	ESCRIG, Kimberley		Senior Ladies	721	278
279	3:42:33	POPE, Helen		Vet Ladies 45	236	279
280	3:42:34	SOUTAR, Gavin		Senior Men	130	280
281	3:42:38	BANKS, Desmond James	Army (7 Company CG)	Senior Men	484	281
282	3:42:42	FOLLAND, Mike		Vet Men 60	871	282
283	3:42:51	MILLINGTON, Simon	Thame Road Runners	Senior Men	454	283
284	3:43:11	GETTINS, Lucy	Compton Harriers	Vet Ladies 35	614	284
285	3:43:28	JONES, Debbie	Handy Cross Joggers	Vet Ladies 45	608	285
286	3:43:31	KAY, Danny	Avon Valley Runners	Vet Men 60	825	286
287	3:44:07	BILLET, John	Marlborough RC	Senior Men	541	287
288	3:44:08	SMITH, Annabel	Marlborough RC	Senior Ladies	540	288
289	3:44:14	DONALD, Paul		Senior Men	460	289
290	3:44:21	HODKIN, Janet	Finch Coasters	Vet Ladies 35	336	290
291	3:44:22	FOLSOM, Michael		Senior Men	66	291
292	3:44:47	BARRETT, Roger		Vet Men 40	604	292
293	3:45:04	SHEPHERD, Mark		Senior Men	633	293
294	3:45:06	WEEKES, Bridgit	Bromley Veterans AC	Vet Ladies 45	560	294
295	3:45:14	HAYWARD, Nikki	Thame Road Runners	Vet Ladies 35	893	295
296	3:45:46	BROOKE-LITTLE, Leo	Woodstock Harriers	Senior Men	424	296
297	3:45:47	COUDRET, Jean-Luc	Abingdon Amblers AC	Vet Men 40	313	297
298	3:45:54	MARSHALL, Catherine		Vet Ladies 35	683	298
299	3:46:07	FIELD, Paul	Runnymede Runners	Senior Men	215	299
300	3:46:20	HOBBS-MALLYON, David		Senior Men	417	300
301	3:46:55	KALKE, Stefan	Running Snails Haimhausen	Senior Men	293	301
302	3:47:13	DODD, Geoff	St Albans Striders	Senior Men	316	302
303	3:47:14	HARRIS, Raymond	Prison Service Striders	Vet Men 50	521	303
304	3:47:17	RATCLIFFE, Allison	Milton Keynes AC	Vet Ladies 35	774	304
305	3:47:20	HALL, Gareth		Senior Men	566	305
306	3:47:26	NORMAN, Ben		Senior Men	578	306
307	3:47:27	MURPHY, John	Boreham Wood AC	Senior Men	802	307
308	3:47:32	RODGERS, Andrew		Senior Men	119	308
309	3:47:53	BRECKENRIDGE, Wylie		Senior Men	385	309
310	3:47:59	HICKS, Brian Ralph	Reading Joggers	Vet Men 50	793	310
311	3:48:21	BROOKS, Tracy		Senior Ladies	625	311
312	3:48:21	BICKLE, Andrew	Road Runners Club	Vet Men 40	746	312
313	3:48:30	GURUNG, Bharat	Army (1 RGR Team)	Senior Men	897	313
314	3:48:52	PINE, Joanna		Senior Men	580	314
315	3:48:54	THISTLEWOOD, Mark		Senior Men	452	315
316	3:49:02	NIKOLAKIS, Chris	Abingdon Amblers AC	Vet Men 40	680	316
317	3:49:07	HINDMARCH, Deborah	Milton Keynes AC	Vet Ladies 45	831	317
318	3:49:07	GOLDSMITH, Gail	Bracknell Forest Runners	Vet Ladies 55	619	318
319	3:49:29	TURNER, Lindsay	Tunbridge Wells Harriers	Vet Ladies 35	605	319
320	3:49:33	LONG, Charlotte	Seaford Striders	Senior Ladies	156	320
321	3:49:34	DWYER, Kevin		Vet Men 50	362	321
322	3:49:34	McCLELLAND, John	Hamworthy Harriers	Vet Men 50	364	322
323	3:49:53	BIRCH, Annie	100km Association	Vet Ladies 45	389	323
324	3:49:53	REYNOLDS, Mark		Senior Men	139	324
325	3:49:56	FORSTER, Colin		Vet Men 40	261	325
326	3:50:03	LITTLEJOHNS, Alan	SWRR	Vet Men 50	426	326
327	3:50:13	MARCHANT, Judy	Eton Manor	Vet Ladies 45	781	327
328	3:50:50	FALLON, Jim		Senior Men	759	328
329	3:50:59	ROYLANCE, Stephen James	army (1 royal anglian lad reme attached)	Senior Men	771	329
330	3:51:01	RYAN, Alison	St Albans Striders	Vet Ladies 35	34	330
331	3:51:11	HOOD, Andy	Milton Keynes AC	Senior Men	872	331
332	3:51:11	JENNINGS, Graham	Army (1 Kings Regt Lad)	Senior Men	747	332
333	3:51:21	NEW, Steve	Gwent Police	Senior Men	696	333
334	3:51:25	EMSLEY, Simon	Maidenhead	Vet Men 40	512	334

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
335	3:51:38	FENNEL, Neil	100 Marathon Club	Vet Men 40	479	335
336	3:51:43	BRENNAN GREEN, Julie	Dan's Dream Team	Vet Ladies 35	36	336
337	3:51:43	WATT, Tony		Vet Men 40	140	337
338	3:52:04	RUDAZ, Katie		Senior Ladies	675	338
339	3:52:14	BONNICK, Clare	watford joggers	Vet Ladies 35	789	339
340	3:52:28	PALMER, Richard Colin		Vet Men 40	876	340
341	3:52:42	TECZA, Nicholas	Road Runners Club	Vet Men 40	665	341
342	3:52:59	KYRIACOU, Kat		Vet Ladies 35	308	342
343	3:52:59	JENKINS, Paul		Vet Men 40	76	343
344	3:53:00	WIFFEN, Tony		Vet Men 40	81	344
345	3:53:00	BROWN, Jon	City of Bath Athletics Club	Vet Men 40	520	345
346	3:53:14	SHEARD, Bryan Arthur	Road Runners Club	Vet Men 60	883	346
347	3:53:31	KENINGTON, Rich	Bearbrook Joggers	Vet Men 50	641	347
348	3:53:43	SMITH, Peter		Vet Men 50	191	348
349	3:53:51	HOWELLS, Phillip	Real Runner.com	Vet Men 50	535	349
350	3:53:56	CLAASSEN, Eldere		Senior Ladies	429	350
351	3:54:02	COOKSON, Colin	Red Rose Road Runners	Vet Men 40	733	351
352	3:54:11	GILLESPIE, Caroline		Vet Ladies 35	571	352
353	3:54:25	McGILLICUDDY, Chris		Senior Men	220	353
354	3:54:25	JONES, David		Senior Men	69	354
355	3:54:45	NIENABER, Gillian	Farnham Runners	Vet Ladies 35	796	355
356	3:54:50	LEWIS, David John	Blackheath Harriers	Vet Men 50	874	356
357	3:55:01	HALE, John	Army (7 Company CG)	Senior Men	491	357
358	3:55:03	LEULLIER, Daniel	Argentan	Vet Men 60	818	358
359	3:55:07	MBURU, Philomena		Vet Ladies 45	262	359
360	3:55:43	DODWELL, Mark		Senior Men	179	360
361	3:55:47	BLACKWOOD, Ian		Vet Men 40	658	361
362	3:55:48	MAJOR, Alan	Dartford Road Runners	Vet Men 50	372	362
363	3:55:51	SLADE, Nick	Serpentine Running Club	Senior Men	217	363
364	3:55:58	GASKELL, Paul		Senior Men	49	364
365	3:56:13	SCOTCHFORD, Janet		Vet Ladies 35	778	365
366	3:56:30	GILES, Antony	Witney Roadrunners	Senior Men	350	366
367	3:56:32	FRAMPTON, Stephen	Tadley runners	Vet Men 50	847	367
368	3:56:38	WILLIAMS, Jonathan		Vet Men 40	149	368
369	3:56:47	YOUNG, Christine	Bromley Veterans AC	Vet Ladies 45	510	369
370	3:56:57	TILL, Stephen	Basingstoke & Mid Hants	Vet Men 40	795	370
371	3:57:02	O'TOOLE, Gregory		Senior Men	196	371
372	3:57:17	GIDDINS, Lloyd		Senior Men	305	372
373	3:57:20	GILLESPIE, Andrew	Team McKay	Vet Men 40	581	373
374	3:57:45	BECK, Graham		Vet Men 40	822	374
375	3:58:04	BICKNELL, Richard		Vet Men 40	77	375
376	3:58:16	PIPER, Claire		Senior Ladies	779	376
377	3:58:23	SHARP, Steve		Senior Men	343	377
378	3:58:29	BROWN, Martin		Vet Men 40	332	378
379	3:58:30	PHILLIPS, Robbie	Eynsham Road Runners	Senior Men	670	379
380	3:58:36	LEVY, Karen		Senior Ladies	274	380
381	3:58:43	SEAMAN, Stuart	Reading Road Runners	Vet Men 40	267	381
382	3:58:49	WRENN, Simon	URWFRC	Senior Men	181	382
383	3:58:53	ANDREWS, Martyn		Vet Men 40	310	383
384	3:58:54	BEARD, Stuart	Harborough AC	Senior Men	532	384
385	3:59:15	TURNBULL, Peter		Vet Men 40	327	385
386	3:59:20	PEACOCK, John	New Eltham Joggers	Vet Men 50	567	386
387	3:59:27	QUIN, Catherine		Senior Ladies	309	387
388	3:59:28	TREAGUST, Daniel	Chichester Runners	Senior Men	594	388
389	3:59:36	LEWIS, Rob	pyrford puffers	Vet Men 40	360	389
390	4:00:01	CHAMBERS, Duncan	Abingdon Amblers AC	Vet Men 40	264	390
391	4:00:08	CHEUNG, Fu		Senior Men	693	391
392	4:00:25	FLETCHER, John Patrick		Vet Men 40	766	392
393	4:00:34	CADEN, Patrick		Vet Men 50	755	393
394	4:00:36	WRIGHT, Suzy	New Eltham Joggers	Senior Ladies	325	394
395	4:00:42	CARPENTER, Geoffrey	Dan's Dream Team	Vet Men 50	551	395
396	4:00:49	ELLISON, Mark		Vet Men 40	250	396
397	4:00:53	WILKIE, Paul		Senior Men	107	397
398	4:01:13	QUIGLEY, Niall		Senior Men	627	398
399	4:01:25	MORRIS, Adele	Rotherham Harriers	Vet Ladies 35	26	399
400	4:01:40	BAILEY, Mark James	Aylesham Road Runners	Vet Men 70	890	400
401	4:02:06	EMERSON, Jamie Robert	Army (7 Company CG)	Senior Men	487	401

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
402	4:02:25	KHARBANDA, Raul	Serpentine Running Club	Senior Men	572	402
403	4:02:35	BEAVEN, Phillip	Team McKay	Senior Men	585	403
404	4:02:47	TOMS, Robert		Vet Men 40	272	404
405	4:02:54	GARRATT, Patrick		Senior Men	434	405
406	4:03:14	REDPATH, Nick		Vet Men 40	834	406
407	4:03:20	BRODA, Krysia	Epsom Allsorts	Vet Ladies 55	892	407
408	4:03:22	ADAMS, Oliver		Senior Men	536	408
409	4:03:30	CAIN, Nigel		Senior Men	256	409
410	4:03:50	RUTTER, Helen	Abingdon Amblers AC	Vet Ladies 35	836	410
411	4:03:52	HEMPSTEAD, Charlie	Bedford Harriers	Vet Men 40	367	411
412	4:04:00	TAISNE, Jean-Loup	Argentan	Vet Men 50	817	412
413	4:04:09	HICKS, Judy	Reading Joggers	Vet Ladies 45	794	413
414	4:04:15	DEAN, Jason		Senior Men	674	414
415	4:04:15	MILLER, David		Vet Men 50	141	415
416	4:04:29	WHITMORE, Mathew		Senior Men	135	416
417	4:04:39	TARRY, Bev	Womens Running Network	Vet Ladies 55	247	417
418	4:04:40	MAHER, Andrew	St Albans Striders	Senior Men	887	418
419	4:04:54	DEWHURST, Adrienne	Holmfirth Harriers AC	Vet Ladies 45	73	419
420	4:05:28	BRAZIER, Stephen		Vet Men 40	659	420
421	4:05:43	MINNS, Benjamin James	Army (7 Company CG)	Senior Men	494	421
422	4:06:04	SMITH, Moray		Vet Men 40	33	422
423	4:06:15	TOON, Royston	Chepstow	Vet Men 50	788	423
424	4:06:17	DANIEL, Thomas		Senior Men	705	424
425	4:06:22	PEGDEN, Andrew	Army (7 Company CG)	Senior Men	495	425
426	4:06:26	CROCKER, Jeremy	Dartford Road Runners	Senior Men	353	426
427	4:06:45	MAYNE, Fiona		Senior Ladies	225	427
428	4:06:58	WILKIE, Penny		Senior Ladies	108	428
429	4:07:20	READING, Barbara	Riverside Runners	Vet Ladies 55	882	429
430	4:08:00	MARRIOTT, Catherine	RSPB Staff Association RC	Vet Ladies 45	461	430
431	4:08:20	RANDALL, David	Littledown Harriers	Vet Men 50	472	431
432	4:09:21	BURTON, Christine	Cherwell Runners & Joggers	Vet Ladies 35	681	432
433	4:09:46	DIJKERS, Igor		Senior Men	380	433
434	4:09:50	ROWELL, David		Vet Men 50	187	434
435	4:09:55	FLETCHER, Glun Rj	Ledbury & District Harriers	Vet Men 40	857	435
436	4:10:03	CASBARD, Eve	Milton Keynes AC	Senior Ladies	420	436
437	4:10:16	WILSON, Kerry Ann	Milton Keynes AC	Vet Ladies 35	841	437
438	4:10:25	ENWRIGHT, Annette		Senior Ladies	193	438
439	4:10:37	GALLAGHER, Darren		Senior Men	863	439
440	4:10:45	GIBBONS, Gary	Bracknell Forest Runners	Senior Men	207	440
441	4:10:46	WILLIAMS, Andrew		Senior Men	384	441
442	4:10:53	KIFF, Andrew		Senior Men	103	442
443	4:10:53	HOLMES, Graham		Senior Men	388	443
444	4:11:35	MILLER, Len		Vet Men 50	393	444
445	4:11:43	JOHNSTON, F Gerald C	Army (7 Company CG)	Senior Men	481	445
446	4:11:46	DODD, Nigel		Vet Men 40	59	446
447	4:11:56	TAYLOR, Kevin	Army (7 Company CG)	Senior Men	498	447
448	4:11:59	RIDER, Helen	Army (ATR Pirbright)	Senior Ladies	729	448
449	4:11:59	FORD, Jo	Army (ATR Pirbright)	Senior Ladies	900	449
450	4:12:09	FINN, Anna		Senior Ladies	414	450
451	4:12:09	ARNOLD, David		Senior Men	242	451
452	4:12:11	POOLE, Colin	Blackheath Harriers	Vet Men 60	51	452
453	4:12:20	WIESHEU, Robert		Senior Men	323	453
454	4:12:33	BRENNAN, Chris	army (1 royal anglian lad reme attached)	Senior Men	773	454
455	4:13:10	DAVIDSON, Mick		Vet Men 40	643	455
456	4:13:13	BOOCOCK, Paul		Vet Men 40	694	456
457	4:13:19	BENNETT, Shelley	Thame Road Runners	Vet Ladies 35	843	457
458	4:13:32	POZZI-GURUNG, Helen	Army (MDHU Frimley Park)	Vet Ladies 35	591	458
459	4:14:04	PILGRIM, Janet	Army (MDHU Frimley Park)	Vet Ladies 35	896	459
460	4:14:06	WOODBIDGE, James	Bracknell	Vet Men 70	87	460
461	4:14:37	HOLLOWAY, Colin		Senior Men	147	461
462	4:14:45	DEVLIN, David	army (1 royal anglian lad reme attached)	Senior Men	772	462
463	4:14:47	RAYMAN, Linda	Bracknell Forest Runners	Vet Ladies 55	239	463
464	4:14:52	BURROWS, Patrick	Leamington C AC	Vet Men 60	805	464
465	4:14:56	PLATER, Carol	Thame Road Runners	Vet Ladies 35	27	465
466	4:15:10	BROWNE, Tony	Ware Joggers	Vet Men 40	679	466
467	4:15:16	IVINGS, Peter		Senior Men	324	467
468	4:15:21	COOMBS, Derek	Witney Running Club	Vet Men 40	39	468



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
469	4:15:40	RUDD, Stephen		Senior Men	219	469
470	4:15:48	MARSH, Duncan		Senior Men	260	470
471	4:16:19	MORRISON, Roddy		Senior Men	697	471
472	4:16:23	FLANNIGAN, Peter	Pitsea Running Club	Vet Men 50	676	472
473	4:16:23	TURNBULL, Kate		Vet Ladies 35	326	473
474	4:16:25	MILLS, Jacqueline	Pitsea Running Club	Vet Ladies 45	172	474
475	4:16:30	BIRD, Nigel		Senior Men	531	475
476	4:16:44	NORTH, Ernest	Abingdon Amblers AC	Vet Men 60	894	476
477	4:16:47	HUGHES, Paul		Senior Men	631	477
478	4:16:54	McKELLAR, Jim	Milton Keynes AC	Vet Men 60	17	478
479	4:17:23	PRICE, Mark Arthur	Army (1 Kings Regt Lad)	Senior Men	748	479
480	4:17:25	HORGAN, John	Garden City Runners	Vet Men 50	804	480
481	4:17:29	ENWRIGHT, Carl		Senior Men	192	481
482	4:17:39	HALL, Geoffrey		Vet Men 50	811	482
483	4:17:49	SWAN, Stephen	St Albans Striders	Vet Men 40	53	483
484	4:18:41	LAMBERT, Nigel	Alchester Running Club	Vet Men 60	873	484
485	4:19:21	BURROWS, Tim	Army (C Sqn Scot's Dg)	Senior Men	741	485
486	4:19:37	GREENWOOD, Saffron		Senior Ladies	202	486
487	4:20:22	ONEAL, Jeremy		Senior Men	276	487
488	4:20:37	GALLIENNE, Jacques	Argentan	Vet Men 50	819	488
489	4:21:05	THOMPSON, Nathan Ross	Army (7 Company CG)	Senior Men	499	489
490	4:21:16	STEATHAM, Royston		Vet Men 50	476	490
491	4:21:17	PRIOR, David C	Woodford Green	Vet Men 60	845	491
492	4:21:19	ROTHWELL, Mark		Senior Men	699	492
493	4:21:29	STEADMAN, Robert		Senior Men	370	493
494	4:22:10	PLANT, Christine	Cherwell Runners & Joggers	Vet Ladies 45	854	494
495	4:22:12	LI, Robert		Vet Men 40	201	495
496	4:22:32	LUCAS, Martin		Vet Men 40	31	496
497	4:22:56	SMITH, Valerie	watford joggers	Senior Ladies	67	497
498	4:23:02	SAYER, Nicholette	Reading Joggers	Vet Ladies 55	374	498
499	4:23:16	CROSSMAN, Denise	New Eltham Joggers	Vet Ladies 45	630	499
500	4:23:18	McGOWAN, Debra		Senior Ladies	632	500
501	4:23:27	TYTLER, Kathy	Reading Road Runners	Vet Ladies 45	814	501
502	4:23:44	CLIFFORD-JONES, Paul		Senior Men	400	502
503	4:23:45	MEE, Christopher James	Army (7 Company CG)	Senior Men	493	503
504	4:23:58	KNOPP, Rosalind	White Horse Harriers	Vet Ladies 35	292	504
505	4:24:02	KNOPP, David	White Horse Harriers	Vet Men 40	297	505
1	4:24:04	MARTEN, Michael	British Wheelchair Racing Association	Vet Men 40	304	1
506	4:24:05	BOYLAN, Jan	Fittleworth Flyers	Vet Men 40	734	506
507	4:24:25	BUGAJ, George		Vet Men 40	668	507
508	4:24:28	KEIGHLEY, Lesley	Northbrook AC	Vet Ladies 45	85	508
509	4:24:35	CHARLES, Lorne		Senior Ladies	115	509
510	4:24:38	MURRAY, Suzanne		Vet Ladies 35	720	510
511	4:25:12	DEWSON, Neville	Road Runners Club	Vet Men 60	340	511
512	4:25:48	POWELL, Jeff		Senior Men	453	512
513	4:26:22	KIMMINS, Simon		Vet Men 40	806	513
514	4:26:37	BARNES, Lorraine		Vet Ladies 35	465	514
515	4:26:48	CHAPMAN, Paul R		Vet Men 50	646	515
516	4:27:24	ROBINSON, Alan	Army (7 Company CG)	Senior Men	482	516
517	4:27:25	GARWOOD, David		Senior Men	218	517
518	4:27:41	WEAVER, Bill	cannons	Vet Men 50	451	518
519	4:27:59	SHAW, Mark		Senior Men	704	519
520	4:28:06	SIMPSON, Richard	Fleet & Crookham AC	Vet Men 50	851	520
521	4:28:39	RIX, Laurence		Vet Men 40	648	521
522	4:28:39	BEEBEE, Debra		Vet Ladies 35	649	522
523	4:28:49	MAGUIRE, Neil	Dan's Dream Team	Senior Men	75	523
524	4:29:01	BENNETT, Annabel	Felixstowe Road Runners	Vet Ladies 35	529	524
525	4:29:32	HESLEGRAVE, Amanda	Serpentine Running Club	Senior Ladies	151	525
526	4:29:33	FLETCHER, Giles	Royal Navy AC	Vet Men 60	418	526
527	4:29:35	SCALLY, John	North Herts Road Runners	Senior Men	203	527
528	4:29:41	McCULLIE, John	Dartford Road Runners	Vet Men 50	671	528
529	4:29:49	McWHIR, Andrew		Vet Men 40	351	529
530	4:29:52	CHAPMAN, Paul		Senior Men	177	530
531	4:29:57	NORTON-LAY, Michaela	Fairland Valley Spartans	Vet Ladies 35	450	531
532	4:30:09	PRYCE, David	Headington Road Runners	Senior Men	320	532
533	4:30:33	NEVILLE, Julie	Northbrook AC	Vet Ladies 45	502	533
534	4:30:34	DABLE, Kristy	Kenilworth Runners	Senior Ladies	24	534



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
535	4:32:31	COLLINS, Steve		Senior Men	240	535
536	4:32:32	FOX, Annie	Ledbury & District Harriers	Vet Ladies 35	638	536
537	4:32:34	HODGKISS, Nikki	Ledbury & District Harriers	Senior Ladies	669	537
538	4:32:56	PERRY, Kevin	Army (HQ London District)	Vet Men 40	553	538
539	4:33:12	O'DELL, Wendy		Vet Ladies 45	568	539
540	4:33:31	CARPENTER, Lillian	Hook Norton Harriers	Vet Ladies 55	852	540
541	4:34:15	BAUCHOP, David	Perth Road Runners	Vet Men 60	341	541
542	4:34:15	BAUCHOP, Sheila	Perth Road Runners	Vet Ladies 55	342	542
543	4:34:39	SEABROOK, Patricia	Finch Coasters	Vet Ladies 55	692	543
544	4:34:52	ALSWORTH, Michael Dennis	100 Marathon Club	Vet Men 50	891	544
545	4:36:17	WOOLHAM, Jonathan		Senior Men	368	545
546	4:37:40	CLAPHAM, Penny	Womens Running Network	Vet Ladies 55	29	546
547	4:39:31	HOLDSWORTH, Andrew	Corsham Running Club	Vet Men 40	765	547
548	4:39:45	MOTTERAM, Ian		Senior Men	173	548
549	4:39:45	MOTTERAM, Carol		Vet Ladies 35	175	549
550	4:40:54	SHORT, Melissa		Senior Ladies	300	550
551	4:41:02	SMITH, Colin		Vet Men 40	776	551
552	4:41:06	RUMBLES, Chris	23 Mile Club	Senior Men	443	552
553	4:41:16	DAWE, Christopher		Vet Men 50	616	553
554	4:41:17	MATCHAM, Tim	Corsham Running Club	Vet Men 40	226	554
555	4:41:28	McCALL, Scott	Army (C Sqn Scot's Dg)	Senior Men	743	555
556	4:41:28	FITZPATRICK, Mark	Army (C Sqn Scot's Dg)	Senior Men	742	556
557	4:41:29	DAVIS, Matt	Headington Road Runners	Senior Men	259	557
558	4:41:42	CHAMBERS, Chris		Senior Men	703	558
559	4:42:07	ROBERTS, Samuel		Senior Men	517	559
560	4:42:07	GEEN, Peter		Senior Men	518	560
561	4:42:17	DAVIS, Simon	Reading Road Runners	Senior Men	312	561
562	4:42:38	ROBSON, David		Vet Men 40	459	562
563	4:42:52	EVANS, Denise	Angels Running Club	Vet Ladies 35	271	563
564	4:42:52	HAYNES, Tessa	Angels Running Club	Vet Ladies 35	270	564
565	4:42:57	BLOOMFIELD, Phil	Dan's Dream Team	Vet Men 50	542	565
566	4:43:01	HARRIS, Steven		Vet Men 40	792	566
567	4:43:03	CHILTON, Janet		Vet Ladies 35	285	567
568	4:43:03	BROWN, Gary		Vet Men 40	284	568
569	4:43:48	STEELE, Robert	Huncote Harriers	Vet Men 50	345	569
570	4:43:54	CRANE, Jon		Vet Men 40	195	570
571	4:44:07	CURRY, Mick N Phil	Road Runners Club	Vet Men 40	725	571
572	4:44:17	ELSE, Bernard	Blackheath Harriers	Vet Men 50	589	572
573	4:44:58	SEENEY, Chris	Stratford Upon Avon Athletic	Vet Men 50	756	573
574	4:45:19	RANKIN, Stephanie	White Horse Harriers	Senior Ladies	74	574
575	4:45:36	GARNER, John	Lincoln City Joggers	Vet Men 50	587	575
576	4:46:45	BEVERLEY, David		Senior Men	698	576
577	4:47:15	PALMER, David Andrew	Army (4 GS Regt RLC)	Senior Men	858	577
578	4:47:42	MUSTOE, John		Senior Men	707	578
579	4:47:46	BERRY, Martin		Vet Men 50	647	579
580	4:48:41	CHAPMAN, Max		Senior Men	65	580
581	4:48:53	THEBAULT, Jacques	Argentan	Vet Men 50	820	581
582	4:49:31	DUNN, Joe		Senior Men	700	582
583	4:50:02	NEWTON, Lizzie	Dan's Dream Team	Vet Ladies 55	833	583
584	4:50:34	LYNAS, Wendy	Thames Hare & Hounds	Vet Ladies 45	83	584
585	4:50:48	BUTLER, John	Stratford Upon Avon Athletic	Vet Men 50	864	585
586	4:51:59	DOUGLAS, Jack Edward A	Army (7 Company CG)	Senior Men	486	586
587	4:51:59	DAVIDSON, Aaron	Army (7 Company CG)	Senior Men	485	587
588	4:53:44	SOUTH, Daniel	Army (7 Company CG)	Senior Men	497	588
589	4:53:57	McDONNELL, Ciaran		Vet Men 40	812	589
590	4:54:46	JONES, Berin		Senior Men	230	590
591	4:54:50	THOMSON, Matthew		Vet Men 40	283	591
592	4:54:54	DA SILVA, Selina	Womens Running Network	Vet Ladies 45	402	592
593	4:55:19	BUTLER, Laura		Senior Ladies	109	593
594	4:55:29	BARRY, Elaine	Womens Running Network	Vet Ladies 45	519	594
595	4:56:04	PARSONS, Michelle	Worcester Triathlon Club	Vet Ladies 35	90	595
596	4:57:24	NEAL, Trevor	Fittleworth Flyers	Vet Men 40	366	596
597	4:57:25	GAVIN, Catherina	Northbrook AC	Vet Ladies 35	550	597
598	4:57:36	JONES, David		Senior Men	706	598
599	4:57:37	SILCOTT, Elroy		Senior Men	702	599
600	4:58:09	COLETTI, Danielle		Senior Ladies	709	600
601	4:58:28	MILLER, Joanne		Senior Ladies	347	601

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

Place	Time	Name	Team	Category	Race No	Posn
602	4:59:51	WILSON, Colette	Hinckley Running Club	Vet Ladies 35	744	602
603	5:00:18	GILKS, Brian	Milton Keynes AC	Vet Men 70	695	603
604	5:00:26	SMITH, Brian Wayne	Road Runners Club	Vet Men 60	821	604
605	5:00:26	BRADSHAW, Karen		Vet Ladies 35	650	605
606	5:00:38	LOWMAN, Andrew		Senior Men	152	606
607	5:00:38	LOWMAN, Anna Maria		Senior Ladies	113	607
608	5:01:17	HOPKINS, Richard	Army (C Sqn Scot's Dg)	Senior Men	740	608
609	5:04:37	BALLARD, Simon Andrew	2 Squadron RAF Regiment	Senior Men	7	609
610	5:04:37	SMITH, Nathan Thomas	2 Squadron RAF Regiment	Senior Men	10	610
611	5:04:37	COWAN, Paul Martin	2 Squadron RAF Regiment	Senior Men	13	611
612	5:04:37	MOYLAN, Thomas Francis	2 Squadron RAF Regiment	Senior Men	6	612
613	5:04:37	WAREING, Richard	2 Squadron RAF Regiment	Senior Men	8	613
614	5:04:37	BORLEY, Shaun Robert	2 Squadron RAF Regiment	Senior Men	11	614
615	5:04:37	MALES, Stuart Graham	2 Squadron RAF Regiment	Senior Men	9	615
616	5:04:37	WALLIS-EADE, Peter	2 Squadron RAF Regiment	Senior Men	12	616
617	5:04:37	BAILLIE, David	2 Squadron RAF Regiment	Senior Men	14	617
618	5:04:37	BOWSKILL, James Alexander	2 Squadron RAF Regiment	Senior Men	1	618
619	5:04:37	McGOWAN, Joe Patrick	2 Squadron RAF Regiment	Senior Men	5	619
620	5:04:37	LOVEJOY, Wayne	2 Squadron RAF Regiment	Senior Men	4	620
621	5:04:37	JONES, Ian Leslie	2 Squadron RAF Regiment	Senior Men	15	621
622	5:04:37	MORGAN, Lee	2 Squadron RAF Regiment	Senior Men	3	622
623	5:04:37	BOULT, Christian James	2 Squadron RAF Regiment	Senior Men	2	623
624	5:09:33	THRELFALL, Kevin		Vet Men 40	660	624
625	5:09:33	WOODHOUSE, Michael		Vet Men 50	610	625
626	5:10:18	NESBITT, Sarah	Womens Running Network	Vet Ladies 45	636	626
627	5:11:39	HOOKE, Amanda	Cumberland AC	Vet Ladies 35	157	627
628	5:13:51	DE MARTINO, Brenda	Dan's Dream Team	Vet Ladies 45	525	628
629	5:14:10	DUFTON, Paul		Vet Men 40	392	629
630	5:19:24	MATTHEWS, Glen		Vet Men 40	603	630
631	5:19:28	JACKSON, Lisa		Vet Ladies 35	295	631
632	5:19:57	SEALEY, Heather Morag		Senior Ladies	855	632
633	5:24:33	FERRIS, Natalie		Senior Ladies	335	633
634	5:26:02	BEACH, Rosemary		Vet Ladies 55	639	634
635	5:33:09	BOLTON, Simon	Compton Harriers	Vet Men 40	89	635
636	5:42:30	CALLAGHAN, Andrew		Senior Men	691	636
637	5:45:05	IDDLLES, Brent	100 Marathon Club	Vet Men 60	842	637
638	5:52:30	CARTER, Dave	Fairland Valley Spartans	Vet Men 50	736	638
639	5:52:30	ELSE, Jane	Bromley Veterans AC	Vet Ladies 55	588	639

**Race positions 640-646 are unofficial times.**

640	6:10:17	AMBROSE, Kathryn		Senior Ladies	229	640
641	6:10:17	COLLINS, Marilyn		Senior Ladies	514	641
642	6:22:00	HOYLE, Raymond John	Watford Harriers	Vet Men 60	870	642
643	6:30:59	MORGAN, Dean		Senior Men	645	643
644	6:30:59	McLEAN, William		Senior Men	413	644
645	6:31:00	McMULLAN, Tony		Vet Men 40	396	645
646	6:31:00	TINDALE, Alan		Senior Men	644	646

**Wheelchair Race - Results for All Competitors in finish order**

Place	Time	Name	Team	Category	Race No	Posn
1	4:24:04	MARTEN, Michael	BWRA	Vet Men 40	304	1

**Oxfordshire County Championship - Results for All OCC Entries in finish order**

Place	Time	Name	Team	Category	Race No	Posn
1	2:43:58	HARRIS, Gary Colin	Headington Road Runners	Senior Men	879	8
2	2:49:21	SMITH, Gerry	Headington Road Runners	Vet Men 50	844	14
3	2:51:21	HICKS, Matthew		Senior Men	712	16
4	2:54:38	BEAUMONT, Richard	Woodstock Harriers	Senior Men	16	20
5	2:56:52	WELLS, Bob	Road Runners Club	Vet Men 50	813	28
6	2:58:22	MEADOWCROFT, Ian	Headington Road Runners	Vet Men 40	255	34
7	2:58:31	BURTON, David	Headington Road Runners	Senior Men	441	37
8	2:58:35	PYPER, Jennifer	Alchester Running Club	Senior Ladies	62	38
9	3:00:49	PRITCHARD, Simon	Banbury Harriers	Senior Men	642	47
10	3:02:13	SHIPWAY, Mike	Woodstock Harriers	Vet Men 60	19	50
11	3:06:50	TOWNSEND, Martin	Woodstock Harriers	Vet Men 40	651	62
12	3:10:26	GOMM, Nicola	Witney Roadrunners	Vet Ladies 35	165	75
13	3:10:47	CHARD, Ken	Witney Roadrunners	Vet Men 40	677	80
14	3:11:55	HUCKER, Andi	Alchester Running Club	Senior Men	534	88

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

Place	Time	Name	Team	Category	Race No	Posn
15	3:13:14	SMITH, Nigel	Road Runners Club	Senior Men	686	96
16	3:13:55	GRIFFITHS, Paul	Abingdon Amblers AC	Vet Men 40	640	103
17	3:15:35	NELLINS, Christopher	Headington Road Runners	Vet Men 50	838	113
18	3:15:49	RAYNER, Peter	Road Runners Club	Vet Men 50	715	114
19	3:16:55	TRACEY, Francis	Witney Roadrunners	Senior Men	88	120
20	3:18:05	NICKAU, Hanno	Headington Road Runners	Vet Men 40	881	127
21	3:19:50	ASHWORTH, Jonathan	Woodstock Harriers	Senior Men	52	137
22	3:20:50	ADAMS, Ben	Army (4 GS Regt RLC)	Senior Men	538	141
23	3:22:22	GRIMSDALE, Paul	Oxford City AC	Vet Men 40	754	149
24	3:24:16	CRIPPS, Graham	Kidlington Running Club	Senior Men	727	159
25	3:26:54	CHRISTOPHER, John	Woodstock Harriers	Vet Men 40	241	179
26	3:32:10	CHIVERS, Peter	Alchester Running Club	Vet Men 50	86	209
27	3:32:13	SLATOR, Clive Charles	Headington Road Runners	Vet Men 40	832	210
28	3:33:38	DEMARCHI, Andrea	Headington Road Runners	Senior Men	421	217
29	3:34:30	CHERRY, Nick	Alchester Running Club	Vet Men 40	99	221
30	3:34:45	WAPPNER, Gary		Senior Men	120	223
31	3:45:46	BROOKE-LITTLE, Leo	Woodstock Harriers	Senior Men	424	296
32	3:45:47	COUDRET, Jean-Luc	Abingdon Amblers AC	Vet Men 40	313	297
33	3:47:32	RODGERS, Andrew		Senior Men	119	308
34	3:49:02	NIKOLAKIS, Chris	Abingdon Amblers AC	Vet Men 40	680	316
35	3:52:59	JENKINS, Paul		Vet Men 40	76	343
36	3:53:14	SHEARD, Bryan Arthur	Road Runners Club	Vet Men 60	883	346
37	3:58:53	ANDREWS, Martyn		Vet Men 40	310	383
38	4:00:01	CHAMBERS, Duncan	Abingdon Amblers AC	Vet Men 40	264	390
39	4:00:42	CARPENTER, Geoffrey	Dan's Dream Team	Vet Men 50	551	395
40	4:03:50	RUTTER, Helen	Abingdon Amblers AC	Vet Ladies 35	836	410
41	4:12:20	WIESHEU, Robert		Senior Men	323	453
42	4:15:21	COOMBS, Derek	Witney Running Club	Vet Men 40	39	468
43	4:16:44	NORTH, Ernest	Abingdon Amblers AC	Vet Men 60	894	476
44	4:18:41	LAMBERT, Nigel	Alchester Running Club	Vet Men 60	873	484
45	4:22:10	PLANT, Christine	Cherwell Runners & Joggers	Vet Ladies 45	854	494
46	4:23:58	KNOPP, Rosalind	White Horse Harriers	Vet Ladies 35	292	504
47	4:24:02	KNOPP, David	White Horse Harriers	Vet Men 40	297	505
48	4:33:31	CARPENTER, Lillian	Hook Norton Harriers	Vet Ladies 55	852	540
49	4:41:02	SMITH, Colin		Vet Men 40	776	551
50	4:57:25	GAVIN, Catherina	Northbrook AC	Vet Ladies 35	550	597
51	5:24:33	FERRIS, Natalie		Senior Ladies	335	633
52	5:33:09	BOLTON, Simon	Compton Harriers	Vet Men 40	89	635
53	5:42:30	CALLAGHAN, Andrew		Senior Men	691	636

**Berkshire County Championship - Results for BCC All Entries in finish order**

Place	Time	Name	Team	Category	Race No	Posn
1	2:48:38	LILLIS, Wayne	Newbury AC	Senior Men	44	10
2	2:57:30	HOLLANDS, Mark	Maidenhead	Senior Men	397	30
3	3:07:20	REED, Mark	Bracknell Forest Runners	Senior Men	48	63
4	3:09:34	CHAPMAN, Reg	David Lloyd Bournemouth	Vet Men 50	40	73
5	3:10:46	GOODING, Michael	Reading Road Runners	Vet Men 40	138	79
6	3:12:10	TARRANT, James	Maidenhead	Vet Men 40	278	89
7	3:24:40	WAIT, Chris		Vet Men 40	287	161
8	3:25:15	LEE, Steve	Reading Road Runners	Vet Men 50	427	167
9	3:26:45	BAKER, Barry	Reading Road Runners	Vet Men 40	349	177
10	3:35:31	MACBEATH, Irene	Reading Road Runners	Vet Ladies 45	655	229
11	3:37:33	MORGAN, Joanne	Maidenhead	Vet Ladies 35	522	246
12	3:40:11	GAADE, John	Southern Counties Vets AC	Vet Men 60	613	262
13	3:42:33	POPE, Helen		Vet Ladies 45	236	279
14	3:43:11	GETTINS, Lucy	Compton Harriers	Vet Ladies 35	614	284
15	3:47:20	HALL, Gareth		Senior Men	566	305
16	3:47:59	HICKS, Brian Ralph	Reading Joggers	Vet Men 50	793	310
17	3:49:07	GOLDSMITH, Gail	Bracknell Forest Runners	Vet Ladies 55	619	318
18	3:51:25	EMSLEY, Simon	Maidenhead	Vet Men 40	512	334
19	3:54:25	McGILLICUDDY, Chris		Senior Men	220	353
20	4:04:09	HICKS, Judy	Reading Joggers	Vet Ladies 45	794	413
21	4:10:45	GIBBONS, Gary	Bracknell Forest Runners	Senior Men	207	440
22	4:14:06	WOODBIDGE, James	Bracknell	Vet Men 70	87	460
23	4:14:47	RAYMAN, Linda	Bracknell Forest Runners	Vet Ladies 55	239	463
24	4:23:02	SAYER, Nicholette	Reading Joggers	Vet Ladies 55	374	498
25	4:23:27	TYTLER, Kathy	Reading Road Runners	Vet Ladies 45	814	501



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

Place	Time	Name	Team	Category	Race No	Posn
<b>Middlesex County Championship - Results for MCC All Entries in finish order</b>						
Place	Time	Name	Team	Category	Race No	Posn
1	2:56:44	HOWE, Angela	London Heathside	Senior Ladies	565	27
2	2:58:29	LAWS, Jane	Barnet & District	Vet Ladies 45	690	35
3	3:12:41	DAVIS, Steven		Senior Men	582	92
4	3:30:10	PROCOPIIS, Peter	Serpentine Running Club	Senior Men	724	199
5	3:35:26	LEE, Christopher	Serpentine Running Club	Vet Men 40	719	228
6	3:49:53	BIRCH, Annie	100km Association	Vet Ladies 45	389	323
7	3:55:51	SLADE, Nick	Serpentine Running Club	Senior Men	217	363
8	4:07:20	READING, Barbara	Riverside Runners	Vet Ladies 55	882	429
9	4:14:56	PLATER, Carol	Thame Road Runners	Vet Ladies 35	27	465
10	4:29:35	SCALLY, John	North Herts Road Runners	Senior Men	203	527

**Southern Counties Vets AC - Results for SCVAC All in finish order**

Place	Time	Name	Team	Category	Race No	Posn
1	2:48:48	RAYNER, David	Crawley	Vet Men 40	524	11
2	2:58:00	HILL, Walter	Crawley	Vet Men 50	471	33
3	3:02:13	SHIPWAY, Mike	Woodstock Harriers	Vet Men 60	19	50
4	3:03:36	BEATTIE, David	Crawley	Vet Men 50	438	54
5	3:19:29	CARMICHAEL, Jeremy	Crawley	Vet Men 50	875	133
6	3:31:15	ROBERTS, Alan	Vale of Aylesbury AC	Vet Men 40	837	206
7	3:40:11	GAADE, John	Southern Counties Vets AC	Vet Men 60	613	262
8	3:49:07	GOLDSMITH, Gail	Bracknell Forest Runners	Vet Ladies 55	619	318
9	4:34:39	SEABROOK, Patricia	Finch Coasters	Vet Ladies 55	692	543

**British Army Marathon Championship - Results for Army All Competitors in finish order**

Place	Time	Name	Team	Category	Race No	Posn
1	2:34:37	CAMERON, Paul James		Senior Men	865	2
2	2:35:55	BENTLEY, Rob	Army (AFPA)	Senior Men	790	3
3	2:36:18	WEETMAN, Steve		Senior Men	160	4
4	2:38:59	PATON, Colin	Army (ASPT)	Senior Men	782	6
5	2:53:33	REYNOLDS, Paul	Army (DMSTC)	Senior Men	672	18
6	2:53:46	POVEY, Karl	Army (RAC TRG REGT)	Senior Men	673	19
7	2:57:04	SEYMOUR, David Alan		Vet Men 40	770	29
8	2:57:46	DONOGHUE, Chris	Army (HQ Land)	Senior Men	511	32
9	3:08:27	GURUNG, Santosh	Army (1 RGR Team)	Senior Men	596	65
10	3:08:33	REAY, Tania	Army (32 Reg RA)	Senior Ladies	457	66
11	3:10:43	FORESHAW, Joseph	Army (ASPT)	Senior Men	785	78
12	3:10:52	MORGAN, Shan	Army (ATR Pirbright)	Senior Ladies	730	82
13	3:11:20	SAWYER, Lee	Army (ASPT)	Senior Men	786	83
14	3:12:41	DAVIS, Steven		Senior Men	582	92
15	3:15:16	BRISCO, Douglas	Andover Athletic Club	Vet Men 50	722	110
16	3:17:25	SHREES, Padam	Army (1 RGR Team)	Senior Men	601	123
17	3:19:48	NEWELL, William		Senior Men	810	135
18	3:20:50	ADAMS, Ben	Army (4 GS Regt RLC)	Senior Men	538	141
19	3:23:31	CORNER, Mark	Army (ASPT)	Senior Men	787	156
20	3:24:53	SKELTON, Jonathan	Army (ATR Pirbright)	Senior Men	732	162
21	3:25:17	GOLD, Adam		Senior Men	701	168
22	3:28:01	TAMANG, Lokendra	Army (1 RGR Team)	Senior Men	898	182
23	3:28:30	RICHARDSON, Craig	Forum Flyers	Senior Men	710	186
24	3:28:38	McKITTERICK, Andrew	Army (7 Company CG)	Senior Men	492	188
25	3:37:23	DAVIES, Christopher		Senior Men	526	243
26	3:38:43	GAUCHAN, Prakash	Army (1 RGR Team)	Senior Men	600	253
27	3:38:43	PUN, Hira	Army (1 RGR Team)	Senior Men	597	254
28	3:39:05	LAKER, James		Senior Men	667	255
29	3:41:42	GURUNG, Khagendra	Army (1 RGR Team)	Senior Men	598	270
30	3:42:38	BANKS, Desmond James	Army (7 Company CG)	Senior Men	484	281
31	3:48:30	GURUNG, Bharat	Army (1 RGR Team)	Senior Men	897	313
32	3:50:59	ROYLANCE, Stephen James	army (1 royal anglian lad reme attached)	Senior Men	771	329
33	3:51:11	JENNINGS, Graham	Army (1 Kings Regt Lad)	Senior Men	747	332
34	3:55:01	HALE, John	Army (7 Company CG)	Senior Men	491	357
35	4:02:06	EMERSON, Jamie Robert	Army (7 Company CG)	Senior Men	487	401
36	4:05:43	MINNS, Benjamin James	Army (7 Company CG)	Senior Men	494	421
37	4:06:17	DANIEL, Thomas		Senior Men	705	424
38	4:06:22	PEGDEN, Andrew	Army (7 Company CG)	Senior Men	495	425
39	4:11:43	JOHNSTON, F Gerald C	Army (7 Company CG)	Senior Men	481	445



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

Place	Time	Name	Team	Category	Race No	Posn
40	4:11:56	TAYLOR, Kevin	Army (7 Company CG)	Senior Men	498	447
41	4:11:59	RIDER, Helen	Army (ATR Pirbright)	Senior Ladies	729	448
42	4:11:59	FORD, Jo	Army (ATR Pirbright)	Senior Ladies	900	449
43	4:12:33	BRENNAN, Chris	army (1 royal anglian lad reme attached)	Senior Men	773	454
44	4:13:32	POZZI-GURUNG, Helen	Army (MDHU Frimley Park)	Vet Ladies 35	591	458
45	4:14:04	PILGRIM, Janet	Army (MDHU Frimley Park)	Vet Ladies 35	896	459
46	4:14:45	DEVLIN, David	army (1 royal anglian lad reme attached)	Senior Men	772	462
47	4:16:19	MORRISON, Roddy		Senior Men	697	471
48	4:17:23	PRICE, Mark Arthur	Army (1 Kings Regt Lad)	Senior Men	748	479
49	4:19:21	BURROWS, Tim	Army (C Sqn Scot's Dg)	Senior Men	741	485
50	4:21:05	THOMPSON, Nathan Ross	Army (7 Company CG)	Senior Men	499	489
51	4:21:19	ROTHWELL, Mark		Senior Men	699	492
52	4:23:45	MEE, Christopher James	Army (7 Company CG)	Senior Men	493	503
53	4:24:38	MURRAY, Suzanne		Vet Ladies 35	720	510
54	4:27:24	ROBINSON, Alan	Army (7 Company CG)	Senior Men	482	516
55	4:27:59	SHAW, Mark		Senior Men	704	519
56	4:32:56	PERRY, Kevin	Army (HQ London District)	Vet Men 40	553	538
57	4:41:28	McCALL, Scott	Army (C Sqn Scot's Dg)	Senior Men	743	555
58	4:41:28	FITZPATRICK, Mark	Army (C Sqn Scot's Dg)	Senior Men	742	556
59	4:41:42	CHAMBERS, Chris		Senior Men	703	558
60	4:46:45	BEVERLEY, David		Senior Men	698	576
61	4:47:15	PALMER, David Andrew	Army (4 GS Regt RLC)	Senior Men	858	577
62	4:47:42	MUSTOE, John		Senior Men	707	578
63	4:49:31	DUNN, Joe		Senior Men	700	582
64	4:51:59	DOUGLAS, Jack Edward A	Army (7 Company CG)	Senior Men	486	586
65	4:51:59	DAVIDSON, Aaron	Army (7 Company CG)	Senior Men	485	587
66	4:53:44	SOUTH, Daniel	Army (7 Company CG)	Senior Men	497	588
67	4:57:36	JONES, David		Senior Men	706	598
68	4:57:37	SILCOTT, Elroy		Senior Men	702	599
69	4:58:09	COLETTI, Danielle		Senior Ladies	709	600
70	5:01:17	HOPKINS, Richard	Army (C Sqn Scot's Dg)	Senior Men	740	608

**Twin Towns Trophy - Results for Twin Towns Trophy in finish order**

Place	Time	Name	Team	Category	RaceNo	Posn
1	3:13:55	GRIFFITHS, Paul	Abingdon Amblers AC	Vet Men 40	640	103
2	3:13:57	LABBE, Christian	Argentan	Vet Men 40	816	104
3	3:45:47	COUDRET, Jean-Luc	Abingdon Amblers AC	Vet Men 40	313	297
4	3:49:02	NIKOLAKIS, Chris	Abingdon Amblers AC	Vet Men 40	680	316
5	3:55:03	LEULLIER, Daniel	Argentan	Vet Men 60	818	358
6	4:00:01	CHAMBERS, Duncan	Abingdon Amblers AC	Vet Men 40	264	390
7	4:03:50	RUTTER, Helen	Abingdon Amblers AC	Vet Ladies 35	836	410
8	4:04:00	TAISNE, Jean-Loup	Argentan	Vet Men 50	817	412
9	4:16:44	NORTH, Ernest	Abingdon Amblers AC	Vet Men 60	894	476
10	4:20:37	GALLIENNE, Jacques	Argentan	Vet Men 50	819	488
11	4:48:53	THEBAULT, Jacques	Argentan	Vet Men 50	820	581

**First Marathon "Just for Fun" Competition - Results for First Marathon All in finish order**

Place	Time	Name	Team	Category	RaceNo	Posn
1	2:26:18	HARKNESS, Ian	Thames Hare & Hounds	Senior Men	249	1
2	2:37:51	PERRY, Jason	Winchester & District AC	Senior Men	723	5
3	2:43:58	HARRIS, Gary Colin	Headington Road Runners	Senior Men	879	8
4	2:54:52	ASTRUP, John	Reading Road Runners	Senior Men	282	22
5	2:58:22	MEADOWCROFT, Ian	Headington Road Runners	Vet Men 40	255	34
6	3:00:05	O'GORMAN, Dennis	City of Sheffield	Vet Men 50	232	44
7	3:00:08	MARSHALL, Sharon	Wakefield DH&AC	Senior Ladies	231	45
8	3:02:25	GREEN, Malcolm	Winchester & District AC	Vet Men 40	233	51
9	3:07:20	REED, Mark	Bracknell Forest Runners	Senior Men	48	63
10	3:08:27	GURUNG, Santosh	Army (1 RGR Team)	Senior Men	596	65
11	3:08:33	REAY, Tania	Army (32 Reg RA)	Senior Ladies	457	66
12	3:13:34	O'CARROLL, Catherine	Gloucester AC	Senior Ladies	867	100
13	3:14:12	SATTLER, Andrew	Royton Road Runners	Senior Men	689	105
14	3:15:05	CUNNANE, Matt		Senior Men	244	108
15	3:15:12	CLIFTON, Bruno		Senior Men	224	109
16	3:17:25	SHREES, Padam	Army (1 RGR Team)	Senior Men	601	123
17	3:17:32	DALTON, Nick	Witney Roadrunners	Senior Men	406	125
18	3:19:48	NEWELL, William		Senior Men	810	135
19	3:23:07	BOWERS, Sandra		Senior Ladies	537	152

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
20	3:23:31	CORNER, Mark	Army (ASPT)	Senior Men	787	156
21	3:24:16	CRIPPS, Graham	Kidlington Running Club	Senior Men	727	159
22	3:24:40	WAIT, Chris		Vet Men 40	287	161
23	3:24:53	SKELTON, Jonathan	Army (ATR Pirbright)	Senior Men	732	162
24	3:25:13	GRAY, Adele		Senior Ladies	432	166
25	3:25:17	GOLD, Adam		Senior Men	701	168
26	3:25:20	BRADBURY, Nick	Kenilworth Runners	Vet Men 40	55	169
27	3:25:54	CASEY, Mick	Barnsley AC	Vet Men 50	561	173
28	3:26:51	MACINTYRE, Donald Iain		Senior Men	830	178
29	3:28:01	TAMANG, Lokendra	Army (1 RGR Team)	Senior Men	898	182
30	3:28:38	McKITTERICK, Andrew	Army (7 Company CG)	Senior Men	492	188
31	3:29:18	REID, John	Corsham Running Club	Vet Men 40	82	193
32	3:29:36	BORRUEL, Pablo		Senior Men	358	195
33	3:29:49	EVERY, Alan	Gearsandtears.com	Senior Men	317	196
34	3:33:38	DEMARCHI, Andrea	Headington Road Runners	Senior Men	421	217
35	3:34:02	TILLYER, David		Senior Men	735	218
36	3:37:23	DAVIES, Christopher		Senior Men	526	243
37	3:37:27	TOLHURST, Lee		Senior Men	410	244
38	3:37:59	BENSON, Cathy	Serpentine Running Club	Senior Ladies	214	249
39	3:38:21	HOLLOWAY, Matt		Senior Men	449	250
40	3:38:43	GAUCHAN, Prakash	Army (1 RGR Team)	Senior Men	600	253
41	3:38:43	PUN, Hira	Army (1 RGR Team)	Senior Men	597	254
42	3:40:08	WATKINS, Laurence	Tamar Trotters	Vet Men 40	583	261
43	3:41:34	WILSON, Rick		Senior Men	277	267
44	3:41:40	DAWE, Mark		Senior Men	617	268
45	3:41:42	GURUNG, Khagendra	Army (1 RGR Team)	Senior Men	598	270
46	3:41:48	RUSSELL, Paul	Harborough AC	Senior Men	23	271
47	3:41:48	STAPLEY, Tracey	Chiltern Harriers	Senior Ladies	46	272
48	3:41:53	TARANOWSKI, Helen	Spa Striders	Senior Ladies	373	274
49	3:42:17	O'CONNOR, Dominic	Corsham Running Club	Vet Men 40	43	276
50	3:44:07	BILLETT, John	Marlborough RC	Senior Men	541	287
51	3:44:08	SMITH, Annabel	Marlborough RC	Senior Ladies	540	288
52	3:44:22	FOLSOM, Michael		Senior Men	66	291
53	3:45:06	WEEKES, Bridgit	Bromley Veterans AC	Vet Ladies 45	560	294
54	3:45:47	COUDRET, Jean-Luc	Abingdon Amblers AC	Vet Men 40	313	297
55	3:46:20	HOBBS-MALLYON, David		Senior Men	417	300
56	3:47:13	DODD, Geoff	St Albans Striders	Senior Men	316	302
57	3:47:26	NORMAN, Ben		Senior Men	578	306
58	3:48:21	BROOKS, Tracy		Senior Ladies	625	311
59	3:48:30	GURUNG, Bharat	Army (1 RGR Team)	Senior Men	897	313
60	3:48:52	PINE, Joanna		Senior Men	580	314
61	3:48:54	THISTLEWOOD, Mark		Senior Men	452	315
62	3:49:56	FORSTER, Colin		Vet Men 40	261	325
63	3:50:50	FALLON, Jim		Senior Men	759	328
64	3:50:59	ROYLANCE, Stephen James	army (1 royal anglian lad reme attached)	Senior Men	771	329
65	3:51:01	RYAN, Alison	St Albans Striders	Vet Ladies 35	34	330
66	3:51:11	JENNINGS, Graham	Army (1 Kings Regt Lad)	Senior Men	747	332
67	3:51:43	WATT, Tony		Vet Men 40	140	337
68	3:52:59	JENKINS, Paul		Vet Men 40	76	343
69	3:53:00	WIFFEN, Tony		Vet Men 40	81	344
70	3:53:00	BROWN, Jon	City of Bath Athletics Club	Vet Men 40	520	345
71	3:54:45	NIENABER, Gillian	Farnham Runners	Vet Ladies 35	796	355
72	3:55:01	HALE, John	Army (7 Company CG)	Senior Men	491	357
73	3:55:58	GASKELL, Paul		Senior Men	49	364
74	3:56:30	GILES, Antony	Witney Roadrunners	Senior Men	350	366
75	3:56:32	FRAMPTON, Stephen	Tadley runners	Vet Men 50	847	367
76	3:58:30	PHILLIPS, Robbie	Eynsham Road Runners	Senior Men	670	379
77	3:58:53	ANDREWS, Martyn		Vet Men 40	310	383
78	4:00:25	FLETCHER, John Patrick		Vet Men 40	766	392
79	4:00:34	CADEN, Patrick		Vet Men 50	755	393
80	4:01:13	QUIGLEY, Niall		Senior Men	627	398
81	4:02:06	EMERSON, Jamie Robert	Army (7 Company CG)	Senior Men	487	401
82	4:02:35	BEAVEN, Phillip	Team McKay	Senior Men	585	403
83	4:02:47	TOMS, Robert		Vet Men 40	272	404
84	4:02:54	GARRATT, Patrick		Senior Men	434	405
85	4:05:43	MINNS, Benjamin James	Army (7 Company CG)	Senior Men	494	421
86	4:06:04	SMITH, Moray		Vet Men 40	33	422

OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004

Place	Time	Name	Team	Category	Race No	Posn
87	4:06:17	DANIEL, Thomas		Senior Men	705	424
88	4:06:22	PEGDEN, Andrew	Army (7 Company CG)	Senior Men	495	425
89	4:06:45	MAYNE, Fiona		Senior Ladies	225	427
90	4:09:46	DIJKERS, Igor		Senior Men	380	433
91	4:09:50	ROWELL, David		Vet Men 50	187	434
92	4:10:03	CASBARD, Eve	Milton Keynes AC	Senior Ladies	420	436
93	4:10:25	ENWRIGHT, Annette		Senior Ladies	193	438
94	4:10:46	WILLIAMS, Andrew		Senior Men	384	441
95	4:11:35	MILLER, Len		Vet Men 50	393	444
96	4:11:43	JOHNSTON, F Gerald C	Army (7 Company CG)	Senior Men	481	445
97	4:11:46	DODD, Nigel		Vet Men 40	59	446
98	4:11:56	TAYLOR, Kevin	Army (7 Company CG)	Senior Men	498	447
99	4:11:59	RIDER, Helen	Army (ATR Pirbright)	Senior Ladies	729	448
100	4:11:59	FORD, Jo	Army (ATR Pirbright)	Senior Ladies	900	449
101	4:12:20	WIESHEU, Robert		Senior Men	323	453
102	4:12:33	BRENNAN, Chris	army (1 royal anglian lad reme attached)	Senior Men	773	454
103	4:14:45	DEVLIN, David	army (1 royal anglian lad reme attached)	Senior Men	772	462
104	4:15:16	IVINGS, Peter		Senior Men	324	467
105	4:15:40	RUDD, Stephen		Senior Men	219	469
106	4:15:48	MARSH, Duncan		Senior Men	260	470
107	4:16:19	MORRISON, Roddy		Senior Men	697	471
108	4:16:23	TURNBULL, Kate		Vet Ladies 35	326	473
109	4:16:47	HUGHES, Paul		Senior Men	631	477
110	4:17:23	PRICE, Mark Arthur	Army (1 Kings Regt Lad)	Senior Men	748	479
111	4:17:29	ENWRIGHT, Carl		Senior Men	192	481
112	4:19:21	BURROWS, Tim	Army (C Sqn Scot's Dg)	Senior Men	741	485
113	4:20:22	ONEAL, Jeremy		Senior Men	276	487
114	4:21:05	THOMPSON, Nathan Ross	Army (7 Company CG)	Senior Men	499	489
115	4:21:19	ROTHWELL, Mark		Senior Men	699	492
116	4:21:29	STEADMAN, Robert		Senior Men	370	493
117	4:22:32	LUCAS, Martin		Vet Men 40	31	496
118	4:23:18	McGOWAN, Debra		Senior Ladies	632	500
119	4:23:45	MEE, Christopher James	Army (7 Company CG)	Senior Men	493	503
120	4:24:05	BOYLAN, Jan	Fittleworth Flyers	Vet Men 40	734	506
121	4:24:35	CHARLES, Lorne		Senior Ladies	115	509
122	4:25:48	POWELL, Jeff		Senior Men	453	512
123	4:27:24	ROBINSON, Alan	Army (7 Company CG)	Senior Men	482	516
124	4:27:25	GARWOOD, David		Senior Men	218	517
125	4:27:41	WEAVER, Bill	cannons	Vet Men 50	451	518
126	4:27:59	SHAW, Mark		Senior Men	704	519
127	4:28:39	BEEBEE, Debra		Vet Ladies 35	649	522
128	4:28:49	MAGUIRE, Neil	Dan's Dream Team	Senior Men	75	523
129	4:32:56	PERRY, Kevin	Army (HQ London District)	Vet Men 40	553	538
130	4:36:17	WOOLHAM, Jonathan		Senior Men	368	545
131	4:41:02	SMITH, Colin		Vet Men 40	776	551
132	4:41:17	MATCHAM, Tim	Corsham Running Club	Vet Men 40	226	554
133	4:41:28	McCALL, Scott	Army (C Sqn Scot's Dg)	Senior Men	743	555
134	4:41:28	FITZPATRICK, Mark	Army (C Sqn Scot's Dg)	Senior Men	742	556
135	4:41:42	CHAMBERS, Chris		Senior Men	703	558
136	4:42:07	ROBERTS, Samuel		Senior Men	517	559
137	4:42:07	GEEN, Peter		Senior Men	518	560
138	4:42:38	ROBSON, David		Vet Men 40	459	562
139	4:42:52	EVANS, Denise	Angels Running Club	Vet Ladies 35	271	563
140	4:42:52	HAYNES, Tessa	Angels Running Club	Vet Ladies 35	270	564
141	4:43:03	CHILTON, Janet		Vet Ladies 35	285	567
142	4:43:03	BROWN, Gary		Vet Men 40	284	568
143	4:43:48	STEELE, Robert	Huncote Harriers	Vet Men 50	345	569
144	4:45:19	RANKIN, Stephanie	White Horse Harriers	Senior Ladies	74	574
145	4:46:45	BEVERLEY, David		Senior Men	698	576
146	4:47:42	MUSTOE, John		Senior Men	707	578
147	4:49:31	DUNN, Joe		Senior Men	700	582
148	4:50:02	NEWTON, Lizzie	Dan's Dream Team	Vet Ladies 55	833	583
149	4:51:59	DOUGLAS, Jack Edward A	Army (7 Company CG)	Senior Men	486	586
150	4:51:59	DAVIDSON, Aaron	Army (7 Company CG)	Senior Men	485	587
151	4:53:44	SOUTH, Daniel	Army (7 Company CG)	Senior Men	497	588
152	4:54:46	JONES, Berin		Senior Men	230	590
153	4:56:04	PARSONS, Michelle	Worcester Triathlon Club	Vet Ladies 35	90	595

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
154	4:57:36	JONES, David		Senior Men	706	598
155	4:57:37	SILCOTT, Elroy		Senior Men	702	599
156	4:58:09	COLETTI, Danielle		Senior Ladies	709	600
157	4:58:28	MILLER, Joanne		Senior Ladies	347	601
158	4:59:51	WILSON, Colette	Hinckley Running Club	Vet Ladies 35	744	602
159	5:00:26	BRADSHAW, Karen		Vet Ladies 35	650	605
160	5:01:17	HOPKINS, Richard	Army (C Sqn Scot's Dg)	Senior Men	740	608
161	5:04:37	MOYLAN, Thomas Francis	2 Squadron RAF Regiment	Senior Men	6	612
162	5:04:37	BAILLIE, David	2 Squadron RAF Regiment	Senior Men	14	617
163	5:04:37	McGOWAN, Joe Patrick	2 Squadron RAF Regiment	Senior Men	5	619
164	5:13:51	DE MARTINO, Brenda	Dan's Dream Team	Vet Ladies 45	525	628
165	5:14:10	DUFTON, Paul		Vet Men 40	392	629
166	5:19:57	SEALEY, Heather Morag		Senior Ladies	855	632
167	6:10:17	AMBROSE, Kathryn		Senior Ladies	229	640
168	6:10:17	COLLINS, Marilyn		Senior Ladies	514	641
169	6:30:59	MORGAN, Dean		Senior Men	645	643



**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**
**Prize List**

	<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
<b>All Men</b>							
	1	2:26:18	HARKNESS, Ian	Thames Hare & Hounds	Senior Men	249	1
	2	2:34:37	CAMERON, Paul James		Senior Men	865	2
	3	2:35:55	BENTLEY, Rob	Army (AFPAA)	Senior Men	790	3
<b>Vet Men 40</b>							
	1	2:44:37	ROGERS, Jim	East Hull Harriers & AC	Vet Men 40	884	9
	2	2:48:48	RAYNER, David	Crawley	Vet Men 40	524	11
	3	2:48:52	HARDS, Barry	Stubbington Green Runners	Vet Men 40	757	12
<b>Vet Men 50</b>							
	1	2:49:21	SMITH, Gerry	Headington Road Runners	Vet Men 50	844	14
	2	2:56:52	WELLS, Bob	Road Runners Club	Vet Men 50	813	28
	3	2:58:00	HILL, Walter	Crawley	Vet Men 50	471	33
<b>Vet Men 60</b>							
	1	3:02:13	SHIPWAY, Mike	Woodstock Harriers	Vet Men 60	19	50
	2	3:10:38	TALBOT, Colin		Vet Men 60	607	76
	3	3:10:42	WINDRIDGE, Sid	Northbrook AC	Vet Men 60	555	77
<b>Vet Men 70</b>							
	1	4:01:40	BAILEY, Mark James	Aylesham Road Runners	Vet Men 70	890	400
	2	4:14:06	WOODBIDGE, James	Bracknell	Vet Men 70	87	460
	3	5:00:18	GILKS, Brian	Milton Keynes AC	Vet Men 70	695	603
<b>All Ladies</b>							
	1	2:56:44	HOWE, Angela	London Heathside	Senior Ladies	565	27
	2	2:58:29	LAWS, Jane	Barnet & District	Vet Ladies 45	690	35
	3	2:58:35	PYPER, Jennifer	Alchester Running Club	Senior Ladies	62	38
<b>Vet Ladies 35</b>							
	1	3:05:54	CLARKSON, Linda	Darwen Dashers	Vet Ladies 35	769	57
	2	3:10:26	GOMM, Nicola	Witney Roadrunners	Vet Ladies 35	165	75
	3	3:12:32	McKIE, Elizabeth	St Albans Striders	Vet Ladies 35	180	91
<b>Vet Ladies 45</b>							
	1	2:58:29	LAWS, Jane	Barnet & District	Vet Ladies 45	690	35
	2	3:21:26	PARKER, Yvonne	Road Runners Club	Vet Ladies 45	714	145
	3	3:35:03	MULLER, Patricia	Rotherham Harriers	Vet Ladies 45	289	224
<b>Vet Ladies 55</b>							
	1	3:49:07	GOLDSMITH, Gail	Bracknell Forest Runners	Vet Ladies 55	619	318
	2	4:03:20	BRODA, Krysia	Epsom Allsorts	Vet Ladies 55	892	407
	3	4:04:39	TARRY, Bev	Womens Running Network	Vet Ladies 55	247	417
<b>Wheelchair Race</b>							
	1	4:24:04	MARTEN, Michael	BWRA	Vet Men 40	304	1
<b>OCC All Men</b>							
	1	2:43:58	HARRIS, Gary Colin	Headington Road Runners	Senior Men	879	8
	2	2:49:21	SMITH, Gerry	Headington Road Runners	Vet Men 50	844	14
	3	2:51:21	HICKS, Matthew		Senior Men	712	16
<b>OCC Vet Men 40</b>							
	1	2:58:22	MEADOWCROFT, Ian	Headington Road Runners	Vet Men 40	255	34
	2	3:06:50	TOWNSEND, Martin	Woodstock Harriers	Vet Men 40	651	62
	3	3:10:47	CHARD, Ken	Witney Roadrunners	Vet Men 40	677	80
<b>OCC Vet Men 50</b>							
	1	2:49:21	SMITH, Gerry	Headington Road Runners	Vet Men 50	844	14
	2	2:56:52	WELLS, Bob	Road Runners Club	Vet Men 50	813	28
	3	3:15:35	NELLINS, Christopher	Headington Road Runners	Vet Men 50	838	113
<b>OCC Vet Men 60</b>							
	1	3:02:13	SHIPWAY, Mike	Woodstock Harriers	Vet Men 60	19	50
	2	3:53:14	SHEARD, Bryan Arthur	Road Runners Club	Vet Men 60	883	346
	3	4:16:44	NORTH, Ernest	Abingdon Amblers AC	Vet Men 60	894	476
<b>OCC All Ladies</b>							
	1	2:58:35	PYPER, Jennifer	Alchester Running Club	Senior Ladies	62	38
	2	3:10:26	GOMM, Nicola	Witney Roadrunners	Vet Ladies 35	165	75
	3	4:03:50	RUTTER, Helen	Abingdon Amblers AC	Vet Ladies 35	836	410
<b>OCC Vet Ladies 35</b>							
	1	3:10:26	GOMM, Nicola	Witney Roadrunners	Vet Ladies 35	165	75
	2	4:03:50	RUTTER, Helen	Abingdon Amblers AC	Vet Ladies 35	836	410
	3	4:23:58	KNOPP, Rosalind	White Horse Harriers	Vet Ladies 35	292	504

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

**OCC Vet Ladies 45**

1 4:22:10 PLANT, Christine Cherwell Runners & Joggers Vet Ladies 45 854 494

**OCC Vet Ladies 55**

1 4:33:31 CARPENTER, Lilian Hook Norton Harriers Vet Ladies 55 852 540

**BCC All Men**

1 2:48:38 LILLIS, Wayne Newbury AC Senior Men 44 10  
 2 2:57:30 HOLLANDS, Mark Maidenhead Senior Men 397 30  
 3 3:07:20 REED, Mark Bracknell Forest Runners Senior Men 48 63

**BCC Vet Men 40**

1 3:10:46 GOODING, Michael Reading Road Runners Vet Men 40 138 79  
 2 3:12:10 TARRANT, James Maidenhead Vet Men 40 278 89  
 3 3:24:40 WAIT, Chris Vet Men 40 287 161

**BCC Vet Men 50**

1 3:09:34 CHAPMAN, Reg David Lloyd Bournemouth Vet Men 50 40 73  
 2 3:25:15 LEE, Steve Reading Road Runners Vet Men 50 427 167  
 3 3:47:59 HICKS, Brian Ralph Reading Joggers Vet Men 50 793 310

**BCC Vet Men 60**

1 3:40:11 GAADE, John Southern Counties Vets AC Vet Men 60 613 262

**BCC All Ladies**

1 3:35:31 MACBEATH, Irene Reading Road Runners Vet Ladies 45 655 229  
 2 3:37:33 MORGAN, Joanne Maidenhead Vet Ladies 35 522 246  
 3 3:42:33 POPE, Helen Vet Ladies 45 236 279

**BCC Vet Ladies 35**

1 3:35:31 MACBEATH, Irene Reading Road Runners Vet Ladies 45 655 229  
 2 3:37:33 MORGAN, Joanne Maidenhead Vet Ladies 35 522 246  
 3 3:42:33 POPE, Helen Vet Ladies 45 236 279

**BCC Vet Ladies 50**

1 3:49:07 GOLDSMITH, Gail Bracknell Forest Runners Vet Ladies 55 619 318  
 2 4:04:09 HICKS, Judy Reading Joggers Vet Ladies 45 794 413  
 3 4:14:47 RAYMAN, Linda Bracknell Forest Runners Vet Ladies 55 239 463

**Middlesex CC All Men**

1 3:12:41 DAVIS, Steven Senior Men 582 92  
 2 3:30:10 PROCOPIS, Peter Serpentine Running Club Senior Men 724 199  
 3 3:35:26 LEE, Christopher Serpentine Running Club Vet Men 40 719 228

**Middlesex CC All Ladies**

1 2:56:44 HOWE, Angela London Heathside Senior Ladies 565 27  
 2 2:58:29 LAWS, Jane Barnet & District Vet Ladies 45 690 35  
 3 3:49:53 BIRCH, Annie 100km Association Vet Ladies 45 389 323

**SCVAC All Men**

1 2:48:48 RAYNER, David Crawley Vet Men 40 524 11  
 2 2:58:00 HILL, Walter Crawley Vet Men 50 471 33  
 3 3:02:13 SHIPWAY, Mike Woodstock Harriers Vet Men 60 19 50

**SCVAC All Ladies**

1 3:49:07 GOLDSMITH, Gail Bracknell Forest Runners Vet Ladies 55 619 318  
 2 4:34:39 SEABROOK, Patricia Finch Coasters Vet Ladies 55 692 543

**Army All Men**

1 2:34:37 CAMERON, Paul James Senior Men 865 2  
 2 2:35:55 BENTLEY, Rob Army (AFPAA) Senior Men 790 3  
 3 2:36:18 WEETMAN, Steve Senior Men 160 4

**Army All Ladies**

1 3:08:33 REAY, Tania Army (32 Reg RA) Senior Ladies 457 66  
 2 3:10:52 MORGAN, Shan Army (ATR Pirbright) Senior Ladies 730 82  
 3 4:11:59 RIDER, Helen Army (ATR Pirbright) Senior Ladies 729 448

**First Marathon Men**

1 2:26:18 HARKNESS, Ian Thames Hare & Hounds Senior Men 249 1  
 2 2:37:51 PERRY, Jason Winchester & District AC Senior Men 723 5  
 3 2:43:58 HARRIS, Gary Colin Headington Road Runners Senior Men 879 8

**First Marathon Ladies**

1 3:00:08 MARSHALL, Sharon Wakefield DH&AC Senior Ladies 231 45  
 2 3:08:33 REAY, Tania Army (32 Reg RA) Senior Ladies 457 66  
 3 3:13:34 O'CARROLL, Catherine Gloucester AC Senior Ladies 867 100

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

**Result of the Men's Teams competition (4 competitors per team based on cumulative position)**

<i>Team</i>	<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Category</i>	<i>Race No</i>	<i>Posn</i>
1 : Headington Road Runners						
	9	2:43:58	HARRIS, Gary Colin	Senior Men	879	8
	15	2:49:21	SMITH, Gerry	Vet Men 50	844	14
	36	2:58:22	MEADOWCROFT, Ian	Vet Men 40	255	34
	38	2:58:31	BURTON, David	Senior Men	441	37
2 : Crawley						
	12	2:48:48	RAYNER, David	Vet Men 40	524	11
	35	2:58:00	HILL, Walter	Vet Men 50	471	33
	53	3:03:36	BEATTIE, David	Vet Men 50	438	54
	122	3:19:29	CARMICHAEL, Jeremy	Vet Men 50	875	133
3 : St Albans Striders						
	52	3:03:07	HALL, Gavin	Senior Men	307	53
	63	3:08:57	SMITH, William	Vet Men 40	280	67
	64	3:08:59	RUSSELL, Philip	Senior Men	428	68
	67	3:09:11	BRAYBROOK, Colin	Vet Men 40	620	71
4 : Woodstock Harriers						
	23	2:54:38	BEAUMONT, Richard	Senior Men	16	20
	49	3:02:13	SHIPWAY, Mike	Vet Men 60	19	50
	59	3:06:50	TOWNSEND, Martin	Vet Men 40	651	62
	126	3:19:50	ASHWORTH, Jonathan	Senior Men	52	137
5 : Army (ASPT)						
	7	2:38:59	PATON, Colin	Senior Men	782	6
	73	3:10:43	FORESHEW, Joseph	Senior Men	785	78
	77	3:11:20	SAWYER, Lee	Senior Men	786	83
	143	3:23:31	CORNER, Mark	Senior Men	787	156
6 : Witney Roadrunners						
	68	3:09:27	BOWDEN, Paul	Vet Men 40	800	72
	75	3:10:47	CHARD, Ken	Vet Men 40	677	80
	98	3:14:53	AINSLIE, Paul	Vet Men 40	477	106
	112	3:16:55	TRACEY, Francis	Senior Men	88	120
7 : Road Runners Club						
	30	2:56:52	WELLS, Bob	Vet Men 50	813	28
	89	3:13:14	SMITH, Nigel	Senior Men	686	96
	106	3:15:49	RAYNER, Peter	Vet Men 50	715	114
	129	3:20:36	McINTOSH, Christopher	Vet Men 40	164	140
8 : Reading Road Runners						
	25	2:54:52	ASTRUP, John	Senior Men	282	22
	74	3:10:46	GOODING, Michael	Vet Men 40	138	79
	153	3:25:15	LEE, Steve	Vet Men 50	427	167
	163	3:26:45	BAKER, Barry	Vet Men 40	349	177
9 : Maidenhead						
	32	2:57:30	HOLLANDS, Mark	Senior Men	397	30
	83	3:12:10	TARRANT, James	Vet Men 40	278	89
	93	3:13:45	BROWNING, Nick	Senior Men	711	101
	284	3:51:25	EMSLEY, Simon	Vet Men 40	512	334
10 : Mowers Gym						
	91	3:13:28	WHITFIELD, Paul	Senior Men	528	98
	92	3:13:29	MOYLETT, Paul	Vet Men 40	118	99
	185	3:30:20	COOK, Anthony Peter	Senior Men	395	201
	186	3:30:20	PETERS, Stephen James	Senior Men	599	202
11 : Headington Road Runners						
	105	3:15:35	NELLINS, Christopher	Vet Men 50	838	113
	118	3:18:05	NICKAU, Hanno	Vet Men 40	881	127
	152	3:24:56	McLAUGHLIN, James	Senior Men	624	165
	193	3:32:13	SLATOR, Clive Charles	Vet Men 40	832	210
12 : Army (1 RGR Team)						
	62	3:08:27	GURUNG, Santosh	Senior Men	596	65
	114	3:17:25	SHREES, Padam	Senior Men	601	123
	168	3:28:01	TAMANG, Lokendra	Senior Men	898	182
	227	3:38:43	GAUCHAN, Prakash	Senior Men	600	253

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

13 : St Albans Striders					
86	3:12:54	CLEMENTS, Trevor	Vet Men 40	54	93
144	3:23:37	BAXENDALE, Toby	Senior Men	98	157
218	3:36:55	JACK, Michael	Vet Men 40	96	241
261	3:47:13	DODD, Geoff	Senior Men	316	302
14 : Bearbrook Joggers					
133	3:21:22	WICKHAM, Stephen	Vet Men 50	798	144
136	3:22:05	CRADDEN, Brendan	Vet Men 60	375	148
209	3:35:48	CAIRNIE, Peter	Vet Men 40	407	231
293	3:53:31	KENINGTON, Rich	Vet Men 50	641	347
15 : Alchester Running Club					
82	3:11:55	HUCKER, Andi	Senior Men	534	88
192	3:32:10	CHIVERS, Peter	Vet Men 50	86	209
202	3:34:30	CHERRY, Nick	Vet Men 40	99	221
397	4:18:41	LAMBERT, Nigel	Vet Men 60	873	484
16 : Pitsea Running Club					
107	3:15:51	EVERARD, Roger	Vet Men 50	862	115
178	3:29:29	HOLDER, Julian	Senior Men	558	194
231	3:39:32	SMITH, Andrew	Senior Men	731	258
387	4:16:23	FLANNIGAN, Peter	Vet Men 50	676	472
17 : Road Runners Club					
214	3:36:27	BRITTAIN, Christopher	Vet Men 50	713	237
215	3:36:30	BARNES, Roy	Vet Men 40	618	238
216	3:36:34	BARLTROP, Verne	Vet Men 50	826	239
269	3:48:21	BICKLE, Andrew	Vet Men 40	746	312
18 : Milton Keynes AC					
110	3:16:45	DOWN, Malcolm Reginald	Vet Men 40	859	118
158	3:25:41	HOPE, Lee James	Senior Men	823	172
281	3:51:11	HOOD, Andy	Senior Men	872	331
391	4:16:54	McKELLAR, Jim	Vet Men 60	17	478
19 : Abingdon Amblers AC					
95	3:13:55	GRIFFITHS, Paul	Vet Men 40	640	103
257	3:45:47	COUDRET, Jean-Luc	Vet Men 40	313	297
273	3:49:02	NIKOLAKIS, Chris	Vet Men 40	680	316
328	4:00:01	CHAMBERS, Duncan	Vet Men 40	264	390
20 : Corsham Running Club					
176	3:29:10	ALLEN, Peter	Vet Men 50	569	192
177	3:29:18	REID, John	Vet Men 40	82	193
244	3:42:17	O'CONNOR, Dominic	Vet Men 40	43	276
435	4:39:31	HOLDSWORTH, Andrew	Vet Men 40	765	547
21 : Serpentine Running Club					
183	3:30:10	PROCOPIIS, Peter	Senior Men	724	199
207	3:35:26	LEE, Christopher	Vet Men 40	719	228
305	3:55:51	SLADE, Nick	Senior Men	217	363
338	4:02:25	KHARBANDA, Raul	Senior Men	572	402
22 : Army (7 Company CG)					
172	3:28:38	McKITTERICK, Andrew	Senior Men	492	188
247	3:42:38	BANKS, Desmond James	Senior Men	484	281
300	3:55:01	HALE, John	Senior Men	491	357
337	4:02:06	EMERSON, Jamie Robert	Senior Men	487	401
23 : Argentan					
96	3:13:57	LABBE, Christian	Vet Men 40	816	104
301	3:55:03	LEULLIER, Daniel	Vet Men 60	818	358
346	4:04:00	TAISNE, Jean-Loup	Vet Men 50	817	412
400	4:20:37	GALLIENNE, Jacques	Vet Men 50	819	488
24 : 100 Marathon Club					
219	3:36:59	WILLIAMS, John	Vet Men 60	100	242
224	3:37:52	LONGWORTH, Colin	Vet Men 50	435	248
285	3:51:38	FENNEL, Neil	Vet Men 40	479	335
433	4:34:52	ALSWORTH, Michael Dennis	Vet Men 50	891	544



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25 : Army (7 Company CG)					
	352	4:05:43	MINNS, Benjamin James	Senior Men	494 421
	356	4:06:22	PEGDEN, Andrew	Senior Men	495 425
	368	4:11:43	JOHNSTON, F Gerald C	Senior Men	481 445
	370	4:11:56	TAYLOR, Kevin	Senior Men	498 447
26 : Road Runners Club					
	288	3:52:42	TECZA, Nicholas	Vet Men 40	665 341
	292	3:53:14	SHEARD, Bryan Arthur	Vet Men 60	883 346
	413	4:25:12	DEWSON, Neville	Vet Men 60	340 511
	454	4:44:07	CURRY, Mick N Phil	Vet Men 40	725 571
27 : Army (7 Company CG)					
	401	4:21:05	THOMPSON, Nathan Ross	Senior Men	499 489
	409	4:23:45	MEE, Christopher James	Senior Men	493 503
	417	4:27:24	ROBINSON, Alan	Senior Men	482 516
	466	4:51:59	DOUGLAS, Jack Edward A	Senior Men	486 586
28 : Army (C Sqn Scot's Dg)					
	398	4:19:21	BURROWS, Tim	Senior Men	741 485
	441	4:41:28	McCALL, Scott	Senior Men	743 555
	442	4:41:28	FITZPATRICK, Mark	Senior Men	742 556
	478	5:01:17	HOPKINS, Richard	Senior Men	740 608
29 : 2 Squadron RAF Regiment					
	479	5:04:37	BALLARD, Simon Andrew	Senior Men	7 609
	480	5:04:37	SMITH, Nathan Thomas	Senior Men	10 610
	481	5:04:37	COWAN, Paul Martin	Senior Men	13 611
	482	5:04:37	MOYLAN, Thomas Francis	Senior Men	6 612
30 : 2 Squadron RAF Regiment					
	483	5:04:37	WAREING, Richard	Senior Men	8 613
	484	5:04:37	BORLEY, Shaun Robert	Senior Men	11 614
	485	5:04:37	MALES, Stuart Graham	Senior Men	9 615
	486	5:04:37	WALLIS-EADE, Peter	Senior Men	12 616
31 : 2 Squadron RAF Regiment					
	487	5:04:37	BAILLIE, David	Senior Men	14 617
	488	5:04:37	BOWSKILL, James Alexander	Senior Men	1 618
	489	5:04:37	McGOWAN, Joe Patrick	Senior Men	5 619
	490	5:04:37	LOVEJOY, Wayne	Senior Men	4 620

**Result of the Ladies' Teams competition (3 competitors per team based on cumulative position)**

Team	Place	Time	Name	Category	Race No	Posn
1 : Chiltern Harriers						
	14	3:19:04	HOLLOWAY, Catherine Jane	Vet Ladies 35	829	130
	34	3:41:41	HUGHES, Keturah	Senior Ladies	154	269
	35	3:41:48	STAPLEY, Tracey	Senior Ladies	46	272
2 : St Albans Striders						
	11	3:12:32	McKIE, Elizabeth	Vet Ladies 35	180	91
	27	3:36:11	MALKINSON, Caroline	Vet Ladies 35	92	234
	54	3:51:01	RYAN, Alison	Vet Ladies 35	34	330
3 : Milton Keynes AC						
	31	3:39:29	FULLER, Ruth	Vet Ladies 35	889	257
	46	3:47:17	RATCLIFFE, Allison	Vet Ladies 35	774	304
	48	3:49:07	HINDMARCH, Deborah	Vet Ladies 45	831	317
4 : Serpentine Running Club						
	21	3:31:14	NAJURALLY, Narissa	Senior Ladies	125	205
	29	3:37:59	BENSON, Cathy	Senior Ladies	214	249
	107	4:29:32	HESLEGRAVE, Amanda	Senior Ladies	151	525
5 : Army (ATR Pirbright)						
	10	3:10:52	MORGAN, Shan	Senior Ladies	730	82
	83	4:11:59	RIDER, Helen	Senior Ladies	729	448
	84	4:11:59	FORD, Jo	Senior Ladies	900	449
6 : Thame Road Runners						
	44	3:45:14	HAYWARD, Nikki	Vet Ladies 35	893	295
	86	4:13:19	BENNETT, Shelley	Vet Ladies 35	843	457
	90	4:14:56	PLATER, Carol	Vet Ladies 35	27	465

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7 : Bromley Veterans AC						
	43	3:45:06	WEEKES, Bridgit	Vet Ladies 45	560	294
	64	3:56:47	YOUNG, Christine	Vet Ladies 45	510	369
	144	5:52:30	ELSE, Jane	Vet Ladies 55	588	639
8 : Womens Running Network						
	73	4:04:39	TARRY, Bev	Vet Ladies 55	247	417
	117	4:37:40	CLAPHAM, Penny	Vet Ladies 55	29	546
	127	4:54:54	DA SILVA, Selina	Vet Ladies 45	402	592
9 : Dan's Dream Team						
	55	3:51:43	BRENNAN GREEN, Julie	Vet Ladies 35	36	336
	125	4:50:02	NEWTON, Lizzie	Vet Ladies 55	833	583
	139	5:13:51	DE MARTINO, Brenda	Vet Ladies 45	525	628
10 : Northbrook AC						
	101	4:24:28	KEIGHLEY, Lesley	Vet Ladies 45	85	508
	109	4:30:33	NEVILLE, Julie	Vet Ladies 45	502	533
	131	4:57:25	GAVIN, Catherina	Vet Ladies 35	550	597

**Result of the OCC Men's Teams competition (4 competitors per team based on cumulative position)**

Team	Place	Time	Name	Category	RaceNo	Posn
1 : Headington Road Runners						
	1	2:43:58	HARRIS, Gary Colin	Senior Men	879	8
	2	2:49:21	SMITH, Gerry	Vet Men 50	844	14
	6	2:58:22	MEADOWCROFT, Ian	Vet Men 40	255	34
	7	2:58:31	BURTON, David	Senior Men	441	37
2 : Woodstock Harriers						
	4	2:54:38	BEAUMONT, Richard	Senior Men	16	20
	9	3:02:13	SHIPWAY, Mike	Vet Men 60	19	50
	10	3:06:50	TOWNSEND, Martin	Vet Men 40	651	62
	19	3:19:50	ASHWORTH, Jonathan	Senior Men	52	137
3 : Road Runners Club						
	5	2:56:52	WELLS, Bob	Vet Men 50	813	28
	13	3:13:14	SMITH, Nigel	Senior Men	686	96
	16	3:15:49	RAYNER, Peter	Vet Men 50	715	114
	34	3:53:14	SHEARD, Bryan Arthur	Vet Men 60	883	346
4 : Headington Road Runners						
	15	3:15:35	NELLINS, Christopher	Vet Men 50	838	113
	18	3:18:05	NICKAU, Hanno	Vet Men 40	881	127
	25	3:32:13	SLATOR, Clive Charles	Vet Men 40	832	210
	26	3:33:38	DEMARCHI, Andrea	Senior Men	421	217
5 : Alchester Running Club						
	12	3:11:55	HUCKER, Andi	Senior Men	534	88
	24	3:32:10	CHIVERS, Peter	Vet Men 50	86	209
	27	3:34:30	CHERRY, Nick	Vet Men 40	99	221
	41	4:18:41	LAMBERT, Nigel	Vet Men 60	873	484
6 : Abingdon Amblers AC						
	14	3:13:55	GRIFFITHS, Paul	Vet Men 40	640	103
	30	3:45:47	COUDRET, Jean-Luc	Vet Men 40	313	297
	32	3:49:02	NIKOLAKIS, Chris	Vet Men 40	680	316
	36	4:00:01	CHAMBERS, Duncan	Vet Men 40	264	390

(There are no results for the OCC Ladies' Teams competition)

**Results for Army Men's Teams competition (3 competitors per team based on cumulative time)**

Team	Place	Time	Name	Race No.	Posn
1: Army (ASPT)					
	5	2:38:59	PATON, Colin	782	6
	15	3:10:43	FORESHAW, Joseph	785	78
	17	3:11:20	SAWYER, Lee	786	83

**OFFICIAL RESULTS OF THE AKZO NOBEL ABINGDON MARATHON - SUNDAY 17TH OCTOBER 2004**

2: Army (1 RGR Team)					
	12	3:08:27	GURUNG, Santosh	596	65
	20	3:17:25	SHREES, Padam	601	123
	26	3:28:01	TAMANG, Lokendra	898	182
	58	09:53:53			
3: Army (1 RGR Team)					
	30	3:38:43	GAUCHAN, Prakash	600	253
	31	3:38:43	PUN, Hira	597	254
	33	3:41:42	GURUNG, Khagendra	598	270
	94	10:59:08			
4: Army (7 Company CG)					
	28	3:28:38	McKITTERICK, Andrew	492	188
	34	3:42:38	BANKS, Desmond James	484	281
	38	3:55:01	HALE, John	491	357
	100	11:06:17			
5: Army (7 Company CG)					
	39	4:02:06	EMERSON, Jamie Robert	487	401
	40	4:05:43	MINNS, Benjamin James	494	421
	42	4:06:22	PEGDEN, Andrew	495	425
	121	12:14:11			
6: Army (1 royal anglian lad reme att)					
	36	3:50:59	ROYLANCE, Stephen James	771	329
	47	4:12:33	BRENNAN, Chris	773	454
	50	4:14:45	DEVLIN, David	772	462
	133	12:18:17			
7: Army (7 Company CG)					
	43	4:11:43	JOHNSTON, F Gerald C	481	445
	44	4:11:56	TAYLOR, Kevin	498	447
	54	4:21:05	THOMPSON, Nathan Ross	499	489
	141	12:44:44			
8: Army (C Sqn Scot's Dg)					
	53	4:19:21	BURROWS, Tim	741	485
	61	4:41:28	McCALL, Scott	743	555
	62	4:41:28	FITZPATRICK, Mark	742	556
	176	13:42:17			
9: Army (7 Company CG)					
	56	4:23:45	MEE, Christopher James	493	503
	58	4:27:24	ROBINSON, Alan	482	516
	68	4:51:59	DOUGLAS, Jack Edward A	486	586
	182	13:43:08			

**Results for Army Ladies' Teams competition (3 competitors per team based on cumulative time)**

Team	Place	Time	Name	Race No.	Posn
1: Army (ATR Pirbright)					
	16	3:10:52	MORGAN, Shan	730	82
	45	4:11:59	RIDER, Helen	729	448
	46	4:11:59	FORD, Jo	900	449



## Akzo Nobel Abingdon Marathon 2004

### *Would you do it again?*

#### *Here's some feedback from the Runner's World Forum:*

'We've all been saying how great the organisation / marshalling etc was, so don't forget to rate the race under Events. Let them know how we feel!'

'What a fantastic day it turned out. Huge thanks to all the marshals and supporters who made such a \*staggering\* difference!'

'It was a great race - again - and such friendly supporters - I particularly liked - and welcomed at that point - the numerous children perched on the stone wall - think it was around mile 20/21?? But they all gave an almighty "whoop" as I ran past and really spurred me on - such sweet kids, it was quite moving...'

'Firstly, I would like to thank all the people involved in the organising & marshalling yesterday, a superb job, & the encouragement from the marshals, particularly in the more rural stages and in the latter part of the race was invaluable.'

'Can I add my voice to the chorus thanking the marshals and organisers for making it such a great day?'

Runners World Ratings scored the PB potential highest, while the organisation, value and beginner-friendliness all scored well. Our scenery was judged lowest at 73% - while we can't improve this with a backdrop of the Alps, we will continue to work on the organisation, the facilities and our helpers out on the course. Still, the RW Forumites gave Abingdon Marathon an overall rating of 88%, and 100% of runners said they would do it again. Here, with acknowledgment to Runner's World Forum is the big picture as voted by Forumites.

<b>The big picture (70 votes)</b>	
Overall score	88%
How many would do it again?	100%
<b>Details:</b>	
Scenery	73%
PB potential	86%
Atmosphere	79%
Organisation	83%
Value	81%
Beginner-friendliness	76%